

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 1  
16-2-2020

Dames, 400m vrije slag

Senioren Open  
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
1. Manon Ritten	Hellas-Glana	4:30.30 200002440	<b>4:39.78</b>		1:06.78	2:18.74	3:30.12	4:39.78
50m: 1:06.78	150m: 2:18.74	250m: 3:30.12	300m: 4:39.78					
2. V. van den Bogert	Hieronymus	4:54.06 200102138	<b>4:56.19</b>		1:10.73	2:26.06	3:43.03	4:56.19
50m: 1:10.73	150m: 2:26.06	250m: 3:43.03	300m: 4:56.19					
3. Aisha Nobels	Feijenoord Albion	4:57.34 200501710	<b>5:00.70</b>		1:11.27	2:27.70	3:45.16	5:00.70
50m: 1:11.27	150m: 2:27.70	250m: 3:45.16	300m: 5:00.70					
4. Suze Creemers	Hellas-Glana	5:32.08 200700738	<b>5:11.19</b>		1:13.65	2:32.10	3:52.42	5:11.19
50m: 1:13.65	150m: 2:32.10	250m: 3:52.42	300m: 5:11.19					
5. Leyla Oversluizen	MNC Dordrecht	5:00.91 200602730	<b>5:13.19</b>		1:11.85	2:33.23	3:56.13	5:13.19
50m: 1:11.85	150m: 2:33.23	250m: 3:56.13	300m: 5:13.19					
6. Esmā van der Heijden	Hellas-Glana	5:09.95 200501264	<b>5:16.73</b>		1:16.02	2:37.01	3:59.25	5:16.73
50m: 1:16.02	150m: 2:37.01	250m: 3:59.25	300m: 5:16.73					
7. Noa Ottens	Vz c	5:26.31 200702256	<b>5:18.22</b>		1:15.06	2:36.74	3:59.06	5:18.22
50m: 1:15.06	150m: 2:36.74	250m: 3:59.06	300m: 5:18.22					
8. Rosalie van der Bijl	Hieronymus	5:23.72 200701644	<b>5:22.80</b>		1:16.29	2:39.92	4:04.32	5:22.80
50m: 1:16.29	150m: 2:39.92	250m: 4:04.32	300m: 5:22.80					
9. Lisa Roberts	Hellas-Glana	5:09.95 200700170	<b>5:23.03</b>		1:15.89	2:38.49	4:01.96	5:23.03
50m: 1:15.89	150m: 2:38.49	250m: 4:01.96	300m: 5:23.03					
10. Isabella Castelijns	De Warande	5:26.00 200105962	<b>5:23.81</b>		1:15.34	2:38.76	4:03.39	5:23.81
50m: 1:15.34	150m: 2:38.76	250m: 4:03.39	300m: 5:23.81					
11. Michelle van Dijk	Dzt'62	5:11.48 199806564	<b>5:24.49</b>		1:14.70	2:37.66	4:01.68	5:24.49
50m: 1:14.70	150m: 2:37.66	250m: 4:01.68	300m: 5:24.49					
12. Viviënne Bosch	Waalwijkse Zwem Vere	5:35.06 200700796	<b>5:29.95</b>		1:12.58	2:40.39	4:08.54	5:29.95
50m: 1:12.58	150m: 2:40.39	250m: 4:08.54	300m: 5:29.95					
13. Rosalie van Druenen	Nextline swimming	NT 200305066 S9	<b>5:30.18</b>	624	1:18.11	2:42.79	4:07.54	5:30.18
50m: 1:18.11	150m: 2:42.79	250m: 4:07.54	300m: 5:30.18					
14. Liesette Bruinsma	HZ&PC Heerenveen	5:02.19 200004346 S11	<b>5:30.91</b>	801	1:18.25	2:40.61	4:06.86	5:30.91
50m: 1:18.25	150m: 2:40.61	250m: 4:06.86	300m: 5:30.91					
15. Thalia Meijer	MNC Dordrecht	5:12.78 200704048	<b>5:33.64</b>		1:16.58	2:43.28	4:10.30	5:33.64
50m: 1:16.58	150m: 2:43.28	250m: 4:10.30	300m: 5:33.64					
16. Shirley van Mourik	MNC Dordrecht	5:44.05 200802092	<b>5:33.71</b>		1:20.71	2:47.39	4:11.03	5:33.71
50m: 1:20.71	150m: 2:47.39	250m: 4:11.03	300m: 5:33.71					
17. Iris Onnink	Dwk	5:49.59 200301836 S10	<b>5:40.54</b>	370	1:18.74	2:45.13	4:12.75	5:40.54
50m: 1:18.74	150m: 2:45.13	250m: 4:12.75	300m: 5:40.54					
18. Danique Cuelenaere	Z & PC De Zeeuwse Kl	5:41.01 200400690	<b>5:52.00</b>		1:20.24	2:49.98	4:20.75	5:52.00
50m: 1:20.24	150m: 2:49.98	250m: 4:20.75	300m: 5:52.00					
19. Eliska Bosscher	MNC Dordrecht	6:30.54 200800054	<b>6:03.99</b>		1:26.16	2:59.95	4:33.45	6:03.99
50m: 1:26.16	150m: 2:59.95	250m: 4:33.45	300m: 6:03.99					
20. Laura Knoester	BZV 's-Hertogenbosch	NT 200302786	<b>6:11.82</b>		1:22.61	2:59.40	4:37.80	6:11.82
50m: 1:22.61	150m: 2:59.40	250m: 4:37.80	300m: 6:11.82					
21. Maud Smit	Vz c	6:33.98 200800788	<b>6:16.98</b>		1:29.92	3:07.74	4:44.72	6:16.98
50m: 1:29.92	150m: 3:07.74	250m: 4:44.72	300m: 6:16.98					
22. Aurelie Koster	De Warande	6:44.83 200702134	<b>6:29.24</b>		1:28.51	3:08.81	4:51.33	6:29.24
50m: 1:28.51	150m: 3:08.81	250m: 4:51.33	300m: 6:29.24					

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 1, Dames, 400m vrije slag, Senioren Open

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
23. Kim Theuns	Trb/Res	7:22.02 200703322	<b>6:35.64</b>		1:28.09	3:10.01	4:54.08	6:35.64
50m:		150m:	250m:		350m:			
100m:	1:28.09	200m:	300m:	4:54.08	400m:	6:35.64		

Programmanr. 2  
16-2-2020

Heren, 400m vrije slag

Senioren Open  
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
1. Max Visser	Wvz	4:12.94 200100077	<b>4:09.17</b>		59.37	2:03.82	3:08.06	4:09.17
50m:		150m:	250m:		350m:			
100m:	59.37	200m:	300m:	3:08.06	400m:	4:09.17		
2. Raf Hendriks	Hellas-Glana	4:11.38 200100879	<b>4:11.94</b>		59.79	2:03.96	3:08.15	4:11.94
50m:		150m:	250m:		350m:			
100m:	59.79	200m:	300m:	3:08.15	400m:	4:11.94		
3. Bas Takken	De Dolfijn	4:03.89 199901643 S10	<b>4:15.64</b>	865	59.70	2:04.95	3:10.95	4:15.64
50m:		150m:	250m:		350m:			
100m:	59.70	200m:	300m:	3:10.95	400m:	4:15.64		
4. Floris Sonneveld	Z&PV Nuenen	4:32.38 200402953	<b>4:26.86</b>		1:04.82	2:13.34	3:20.90	4:26.86
50m:		150m:	250m:		350m:			
100m:	1:04.82	200m:	300m:	3:20.90	400m:	4:26.86		
5. Abel te Riele	Wvz	4:23.83 200402317	<b>4:26.95</b>		1:03.57	2:11.57	3:20.13	4:26.95
50m:		150m:	250m:		350m:			
100m:	1:03.57	200m:	300m:	3:20.13	400m:	4:26.95		
6. Rogier Dorsman	ZZ&PC De Devel	4:28.64 199900211 S11	<b>4:37.35</b>	962	1:07.20	2:17.64	3:27.51	4:37.35
50m:		150m:	250m:		350m:			
100m:	1:07.20	200m:	300m:	3:27.51	400m:	4:37.35		
7. Bram Daalman	De Columbiaan	4:36.84 200300629 S14	<b>4:44.16</b>	630	1:04.74	2:16.67	3:30.24	4:44.16
50m:		150m:	250m:		350m:			
100m:	1:04.74	200m:	300m:	3:30.24	400m:	4:44.16		
8. J. van der Mooren	ZVDO'74	4:50.58 199900685	<b>4:56.16</b>		1:06.63	2:22.16	3:39.90	4:56.16
50m:		150m:	250m:		350m:			
100m:	1:06.63	200m:	300m:	3:39.90	400m:	4:56.16		
9. Jurre Veldhuijsen	Hellas-Glana	5:07.60 200400603	<b>4:58.13</b>		1:07.85	2:23.91	3:43.24	4:58.13
50m:		150m:	250m:		350m:			
100m:	1:07.85	200m:	300m:	3:43.24	400m:	4:58.13		
10. Gabriël van Lieshout	ZVDO'74	NT 200503369	<b>5:00.42</b>		1:09.64	2:28.59	3:48.76	5:00.42
50m:		150m:	250m:		350m:			
100m:	1:09.64	200m:	300m:	3:48.76	400m:	5:00.42		
11. Wout Serrarens	Dzt'62	5:12.87 200800261	<b>5:11.52</b>		1:13.90	2:34.71	3:55.83	5:11.52
50m:		150m:	250m:		350m:			
100m:	1:13.90	200m:	300m:	3:55.83	400m:	5:11.52		
12. Maikel Blijlevens	Waalwijkse Zwem Vere	5:46.14 200701051	<b>5:15.61</b>		1:09.14	2:30.15	3:53.90	5:15.61
50m:		150m:	250m:		350m:			
100m:	1:09.14	200m:	300m:	3:53.90	400m:	5:15.61		
13. Gijs Koehoorn	HZ&PC Heerenveen	5:19.79 200800275	<b>5:26.83</b>		1:14.99	2:38.25	4:03.70	5:26.83
50m:		150m:	250m:		350m:			
100m:	1:14.99	200m:	300m:	4:03.70	400m:	5:26.83		
14. Mario Cuelenaere	Z & PC De Zeeuwse Kl	5:42.19 196901569	<b>5:42.63</b>		1:15.90	2:43.54	4:13.82	5:42.63
50m:		150m:	250m:		350m:			
100m:	1:15.90	200m:	300m:	4:13.82	400m:	5:42.63		
15. Jesse Stel	HZ&PC Heerenveen	6:02.40 200700589 S10	<b>6:02.29</b>	33	1:25.04	3:00.41	4:35.77	6:02.29
50m:		150m:	250m:		350m:			
100m:	1:25.04	200m:	300m:	4:35.77	400m:	6:02.29		
16. Max Bos	SG SCOM/de Zeehond	5:44.53 200701383 S10	<b>6:02.53</b>	33	1:21.77	2:56.39	4:33.54	6:02.53
50m:		150m:	250m:		350m:			
100m:	1:21.77	200m:	300m:	4:33.54	400m:	6:02.53		
AFGEM Lucas Peters	Nextline swimming	4:10.57 200301325						

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 3  
16-2-2020

Dames, 100m schoolslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Selene Wortel	Hieronymus	1:15.40	199700654	<b>1:16.43</b>	
2.	Robin Goossens	Z&PV Nuenen	1:14.60	200003128	<b>1:16.94</b>	
3.	Silke Bliëk	Hellas-Glana	1:16.76	200301948	<b>1:19.14</b>	
4.	Christel Brugmans	Hieronymus	1:18.54	200005602	<b>1:20.36</b>	
5.	Anouk van Hattum	Hellas-Glana	1:24.94	200600738	<b>1:21.45</b>	
6.	Phaedra Meijer	MNC Dordrecht	1:19.00	200405834	<b>1:22.41</b>	
7.	Indy Mels	De Warande	1:23.10	200501354	<b>1:24.37</b>	
8.	Yasmine Luyten	De Warande	1:28.83	200503988	<b>1:25.86</b>	
9.	Suus Bontrup	Psv	1:27.17	200601766	<b>1:25.96</b>	
10.	Evy van Laarhoven	Nextline swimming	1:26.24	200500712	<b>1:26.89</b>	
11.	Lysanne Thielen	Dzt'62	1:25.11	200205848	<b>1:29.35</b>	
12.	Manouk Maas	Z & PC De Zeeuwse Kust 1	1:30.71	200502952	<b>1:29.70</b>	
13.	Rosa Kremers	Trb/Res	1:34.73	200701224	<b>1:30.70</b>	
14.	Esmee de Volder	De Warande	1:30.82	200404362	<b>1:31.35</b>	
15.	Robin Vermeer	Vzc	1:35.93	200701292	<b>1:31.43</b>	
	Luna van Tilburg	De Warande	1:34.33	200502160	<b>1:31.43</b>	
	Bregje Vermeulen	Trb/Res	1:35.06	200500650	<b>1:31.43</b>	
18.	Zoë Senden	Hellas-Glana	1:29.46	200400132	<b>1:32.42</b>	
19.	Vera Bastiaensen	Hieronymus	1:39.26	200800572	<b>1:32.90</b>	
20.	Fenna Heylighen	Hellas-Glana	1:30.75	200602086	<b>1:33.28</b>	
21.	Quinty de Jong	ZVDO'74	1:28.28	200300430	<b>1:33.34</b>	
22.	Myrthe Vos	Psv	1:49.01	200601684	<b>1:34.33</b>	
23.	Mayke van Tintelen	O Z & P C	1:35.17	200200688	<b>1:34.77</b>	635
24.	Jasmijn Goos	De Warande	1:41.16	200604028	<b>1:35.37</b>	
25.	Evy de Rot	AquaDream	1:49.35	200700786	<b>1:36.06</b>	
26.	Suzie Pellis	Hieronymus	1:41.53	200701600	<b>1:36.84</b>	593
27.	Wendy Hoogkamp	Trb/Res	1:40.53	200502398	<b>1:38.80</b>	
28.	Jessy van Vlimmeren	Hieronymus	1:41.50	200801452	<b>1:39.30</b>	
29.	Liselot van der Velden	Z&PV Nuenen	1:43.99	200700456	<b>1:40.07</b>	
30.	Guusje van de Rovaart	De Warande	1:39.63	200405578	<b>1:44.77</b>	
31.	Tess van der Spank	De Warande	2:20.10	200802226	<b>2:06.63</b>	
AFGEM	Róben Geers	AquaDream	1:56.29	200801448		

Programmanr. 4  
16-2-2020

Herren, 100m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Ivo Stolk	Feijenoord Albion	54.68	200100615	<b>53.22</b>	
2.	Jarno van Oijen	Feijenoord Albion	55.52	200100055	<b>54.82</b>	
3.	Alexander Nijst	Z&PV Nuenen	55.20	200104869	<b>55.27</b>	
4.	Benjamin Vermeulen	De Bevelanders	55.75	200003721	<b>55.79</b>	
5.	Bas Takken	De Dolfijn	54.07	199901643	<b>56.78</b>	843
6.	Nick Hendrickx	Hellas-Glana	58.50	200401025	<b>57.08</b>	
7.	Janne Englebërt	Hieronymus	55.96	200101561	<b>58.77</b>	
8.	Sem Lazaroms	Hieronymus	58.24	200402921	<b>59.03</b>	
9.	Bobby van Dijk	Dbd	58.03	200200153	<b>59.40</b>	
10.	Ruben Cuelenaere	Z & PC De Zeeuwse Kust 1	57.54	200100695	<b>59.50</b>	
11.	Frans Slaats	Z&PV Nuenen	58.18	199300461	<b>1:00.33</b>	
12.	Lars Minnaert	VZV Njord	59.55	200502355	<b>1:00.86</b>	
13.	Jesper Pas	VZV Njord	1:01.64	200200967	<b>1:01.22</b>	
14.	Bart de Bruijn	Hieronymus	59.97	200004177	<b>1:01.43</b>	
15.	Joost Schuurmans	Hellas-Glana	1:02.36	200400543	<b>1:01.61</b>	
16.	Thom de Hoog	SG SCOM/de Zeehond'73	1:02.51	200600019	<b>1:01.67</b>	
17.	Wesley van Elst	Vzc	1:04.57	200500507	<b>1:01.78</b>	
18.	Tenzin Tieman	Vesler zwem vereniging 30	1:02.08	200005549	<b>1:02.27</b>	
19.	Thomas van Boxel	BZV 's-Hertogenbosch	1:02.53	199605619	<b>1:02.36</b>	
20.	Tim van Alphen	Trb/Res	1:04.37	200302155	<b>1:03.15</b>	
21.	Robin Hermans	Trb/Res	1:02.35	199400987	<b>1:03.70</b>	
22.	Merijn Mansvelders	VZV Njord	1:08.75	200502449	<b>1:04.65</b>	
23.	Max Libregts	Trb/Res	1:08.72	200304343	<b>1:05.91</b>	
24.	Jordi van Akkeren	Hieronymus	1:05.35	199604705	<b>1:05.93</b>	
25.	Cas Krijger	Trb/Res	1:06.52	200601389	<b>1:06.39</b>	
26.	Davey Bongers	BZV 's-Hertogenbosch	1:10.72	200304605	<b>1:07.13</b>	
27.	Bram van der Pas	Dbd	1:11.28	200404681	<b>1:07.48</b>	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 4, Heren, 100m vrije slag, Senioren Open

rang	naam	vereniging	intijd		tijd	RT
28.	Max van Aken	Dbd	1:12.40	200404429	<b>1:07.98</b>	
29.	Luka Honeywell	BZV 's-Hertogenbosch	1:13.17	200501925	<b>1:09.31</b>	
30.	Siem van den Bogaert	De Warande	1:09.26	200601393	<b>1:09.32</b>	
31.	Berend van der Schrier	Hieronymus	1:15.16	200601915	<b>1:09.82</b>	
32.	Delano van der Wegen	AquaDream	1:14.90	200801941	<b>1:10.51</b>	
33.	Dion Potters	Hieronymus	1:12.19	200601981	<b>1:10.99</b>	
34.	Thijs van Hofweegen	Zpc Amersfoort	1:06.08	199605253	<b>1:12.11</b>	814
35.	Tim Seising	Vzc	1:16.57	200500107	<b>1:12.45</b>	
36.	Niels van Hattum	Hellas-Glana	1:22.49	200802565	<b>1:13.54</b>	
37.	Jelle den Otter	SG SCOM/de Zeehond'73	1:16.52	200600251	<b>1:13.91</b>	
38.	Thom Keukens	VZV Njord	1:18.38	200700415	<b>1:14.17</b>	
39.	Nero van den Berg	BZV 's-Hertogenbosch	1:38.02	200504067	<b>1:23.37</b>	
40.	Jannick van Eeghem	Hellas-Glana	1:30.22	200800147	<b>1:25.99</b>	
41.	Josh Renkema	De Otters Het Gooi	1:33.25	200402537	<b>1:31.97</b>	202
42.	Yannick Creemers	Hellas-Glana	1:45.21	200801031	<b>1:32.21</b>	
43.	Igor van de Corput	De Warande	1:32.88	200802051	<b>1:32.75</b>	
DIS	Ruben Cranenburg	De Warande	1:37.59	200802579		

AA - Gestart voor het startsignaal (en wel gezwommen).

Programmanr. 5  
16-2-2020

Dames, 50m rugslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Lonneke Kampman	Nextline swimming	31.21	200100146	<b>31.32</b>	
2.	Hannah Schellekens	Trb/Res	30.64	199706614	<b>31.51</b>	
3.	Aniek van de Weerd	Vzc	32.02	200404136	<b>32.34</b>	
4.	Maaïke Issard	Vzc	31.73	200300022	<b>32.40</b>	
5.	Nadja Wortel	Hieronymus	32.68	199800798	<b>33.00</b>	
6.	Karen van Dee	SG SCOM/de Zeehond'73	33.71	199604074	<b>34.90</b>	
7.	Maud Koehoorn	HZ&PC Heerenveen	36.37	200501418	<b>36.68</b>	
8.	Anne van Straaten	Hellas-Glana	38.35	199901884	<b>37.47</b>	
9.	Zoë Bulkman	De Warande	37.99	200600746	<b>37.79</b>	
10.	Jennifer Geerlings	Hellas-Glana	37.78	200402088	<b>38.11</b>	
11.	Marith Ewijk	Trb/Res	40.64	200801414	<b>38.59</b>	
12.	Julie van Nispen	Z&PV Nuenen	45.35	200800290	<b>38.60</b>	
13.	Arianna Barakazjan	Hellas-Glana	42.00	200801658	<b>39.01</b>	
14.	Sophie Kremers	Trb/Res	38.06	200304760	<b>39.03</b>	
15.	Floor Engelen	VZV Njord	46.90	200702168	<b>39.76</b>	
16.	Danae Sagonas	VZV Njord	40.57	200400564	<b>41.00</b>	
17.	Ymke van Dongen	De Warande	40.39	200202662	<b>41.08</b>	
18.	Anouk Engelen	VZV Njord	44.77	200303088	<b>41.15</b>	
19.	Wendy Huang	Psv	NT	200801510	<b>41.36</b>	
20.	Lise Urlings	Hellas-Glana	40.52	200601920	<b>41.51</b>	
21.	Linn van Overveld	Z.D.F.	42.53	200703456	<b>42.05</b>	
22.	Meike de Waard	De Warande	41.64	200702380	<b>42.40</b>	
23.	Lotte Baselier	AquaDream	46.61	200802848	<b>43.35</b>	
24.	Alisia Ramani	De Warande	55.69	200704286	<b>58.62</b>	
AFGEM	Vera van der Meer	Vzc	41.25	200701508		
AFGEM	Gorshid Ashough	De Warande	1:03.66	200700836		
AFGEM	Famke van Geel	Z.D.F.	47.94	200704322		

Programmanr. 6  
16-2-2020

Heren, 50m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
------	------	------------	--------	--	------	----

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 6, Heren, 50m vrije slag

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Niels de Boer	Hellas-Glana	25.57	200001977			<b>24.90</b>
2.	Stefan Tomicic	Hellas-Glana	25.12	200101271			<b>25.38</b>
3.	Junior Vermeulen	De Bevelanders	25.29	200103363			<b>25.41</b>
4.	Jorian Tanis	MNC Dordrecht	25.62	199900327			<b>25.50</b>
5.	Otto Pranger	Feijenoord Albion	24.49	200000007			<b>25.60</b>
6.	Benjamin Vermeulen	De Bevelanders	25.45	200003721			<b>26.16</b>
7.	Yulian Oppenhuizen	ZVDO'74	26.65	200000165			<b>26.37</b>
8.	Jeffrey van der Mooren	ZVDO'74	26.62	199900685			<b>26.50</b>
9.	Bram Daalman	De Columbiaan	25.97	200300629	S14		<b>26.75</b>
10.	Wessel Heijnemans	Hieronymus	27.34	200301353			<b>27.10</b>
11.	Timo Wouters	MNC Dordrecht	27.54	200401363			<b>27.14</b>
12.	Sven Westerlaken	ZVDO'74	28.11	199900271			<b>27.26</b>
13.	IJsbrand Buijnsters	De Warande	26.30	200200375			<b>27.28</b>
14.	Sven Schutte	Zwemlust- den Hommel	26.71	198604713	S9		<b>27.37</b>
15.	Thomas van Boxel	BZV 's-Hertogenbosch	27.56	199605619			<b>27.91</b>
16.	Kyan Levens	Trb/Res	30.12	200202869			<b>29.54</b>
17.	Merijn Mansvelders	VZV Njord	30.90	200502449			<b>29.55</b>
18.	Ingmar Mulder	Nextline swimming	31.40	200700103			<b>29.86</b>
19.	Joswhe Oleana	Trb/Res	30.53	200701987			<b>30.04</b>
20.	Rick Witlox	Dbd	33.00	200105239			<b>30.23</b>
21.	Rinz van der Staal	AquaDream	32.54	200700279			<b>30.65</b>
22.	Luka Honeywell	BZV 's-Hertogenbosch	30.51	200501925			<b>31.19</b>
23.	Delano van der Wegen	AquaDream	35.52	200801941			<b>32.14</b>
24.	Gijs Koehoorn	HZ&PC Heerenveen	35.55	200800275			<b>32.15</b>
25.	Julius Schwartzenberg	Dbd	31.88	198602791			<b>32.26</b>
26.	Marc Bunkers	Dbd	32.06	199207129			<b>32.42</b>
27.	Phin van Ek	Psv	40.77	200702827			<b>34.65</b>
28.	Nero van den Berg	BZV 's-Hertogenbosch	44.46	200504067			<b>34.99</b>
29.	Ruben den Otter	SG SCOM/de Zeehond'73	37.35	200800055			<b>38.08</b>
30.	Dean Geerlings	Hellas-Glana	38.92	200800693			<b>38.12</b>

Programmanr. 7  
16-2-2020

Dames, 200m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Kim Roestenberg	Trb/Res	2:17.21	200402670			2:15.52
2.	Amber van der Kruk	MSV-Zeemacht	2:13.47	200102730	S14	921	2:15.71
3.	Babet de Voogd	Z & PC De Zeeuwse Kust	2:14.00	200301362			2:16.81
4.	Megan de Hoog	SG SCOM/de Zeehond'73	2:16.67	200300214			2:18.31
5.	Tess Panjer	Vzc	2:33.80	200403060			2:19.16
6.	Manouk Maas	Z & PC De Zeeuwse Kust	2:27.33	200502952			2:27.79
7.	Liesette Bruinsma	HZ&PC Heerenveen	2:23.97	200004346	S11	904	2:29.12
8.	Maud van Zwiene	De Warande	2:44.12	200703734			2:29.49
9.	Tessa den Dekker	ZVDO'74	2:23.05	200002662			2:30.58
10.	Manon Kooij	Vzc	2:30.09	200602142			2:31.69
11.	Milou van Winkel	LinK	2:31.84	200402296	S14	693	2:32.49
12.	Kenza van Kapel	Waalwijkse Zwem Verenig	2:40.90	200700798			2:32.94
13.	Meike Blik	Hellas-Glana	2:51.17	200600412			2:35.61
14.	Samantha van der Jagt	ZZ&PC De Devel	2:38.83	200700220			2:38.17
15.	Rosalie van Druenen	Nextline swimming	2:57.91	200305066	S9	763	2:39.06
16.	Liza Theuns	Trb/Res	3:01.24	200702172			2:40.99
17.	Diede Struijk	Z&PV Nuene	2:37.92	200403824	S13	564	2:42.01
18.	Charlotte Hoogendoorn	Z&PV Nuene	2:44.45	200203254			2:42.62
19.	Hanna de Graaf	ZVDO'74	2:42.94	200600300			2:47.17
20.	Vera Bastiaensen	Hieronymus	2:45.81	200800572			2:49.61
21.	Ines Keijzers	Z&PV Nuene	2:54.17	200704296			2:52.25
22.	Anniek Colijn	MNC Dordrecht	2:51.54	200801120			2:53.09
23.	Louisa Bouwman	Psv	3:20.53	200802460			3:20.81

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 8  
16-2-2020

Heren, 200m schoolslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Ian Sanders	Hellas-Glana	2:22.06	200100373		1:07.97	2:22.86
2.	Timo Spaans	Nextline swimming	2:29.52	200201087		1:12.48	2:31.76
3.	Stan De Swart	Nextline swimming	2:48.29	200300535		1:16.97	2:41.50
4.	Sven van Eeghem	Hellas-Glana	2:47.18	200400541		1:16.82	2:44.41
5.	Lars Diesch	Argo	2:46.66	200103189		1:16.85	2:46.65
6.	Senn Rutten	Hellas-Glana	3:11.15	200700629		1:25.75	3:01.17
7.	Lars Keukens	VZV Njord	3:29.91	200501135		1:30.88	3:09.73
8.	Jasper van Calis	Dzt'62	3:26.63	200700809		1:37.21	3:25.13
AFGEM	Wout van Dijk	Dbd	3:25.00	196200145			

Programmanr. 9  
16-2-2020

Dames, 100m vlinderslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Hannah Schellekens	Trb/Res	1:05.01	199706614	1:07.48
2.	Merel Phaff	Z&PV Nuene	1:06.83	200100434	1:10.74
3.	Imke Beekman	Hellas-Glana	1:15.48	200301950	1:10.75
4.	Jessie Bodden	Hellas-Glana	1:13.67	200401650	1:11.29
5.	Florianne Bultje	Dwt	1:10.95	199804342	1:13.43
6.	Evy van Laarhoven	Nextline swimming	1:09.98	200500712	1:13.59
7.	Kayley Mc Ateer	Z&PV Nuene	1:08.15	200305000	1:14.00
8.	Lieke van Geijn	De Warande	1:21.28	200600314	1:17.97
9.	Rachelle Luimes	Hellas-Glana	1:17.11	200500654	1:18.81
10.	Gwen Eygendaal	De Warande	1:16.72	200404680	1:19.89
11.	Suze Creemers	Hellas-Glana	1:20.28	200700738	1:21.97
12.	Eline van Dijk	VZV Njord	1:37.48	200703660	1:25.17
13.	Jet Kamphuis	ZVDO'74	1:40.78	200600210	1:26.65
NG.ZA	Bridget Vermeer	Vzc	1:10.73	200501766	

Programmanr. 10  
16-2-2020

Heren, 100m rugslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Stefan Tomicic	Hellas-Glana	59.13	200101271	1:02.53
2.	Milan Meurs	Z&PV Nuene	1:04.02	200202079	1:03.13
3.	Thomas van Wanrooij	Poseidon'56	1:02.07	200201473	1:03.30
4.	Bobby van Dijk	Dbd	1:01.98	200200153	1:04.49
5.	Querijn Hensen	De Duinkickers	1:04.98	200102121	1:05.04
6.	Steijn Louter	Hieronimus	1:09.31	200500793	1:05.22
7.	Thijs van den End	ZPC Woerden	1:05.08	199306803	1:08.12
8.	Thom de Hoog	SG SCOM/de Zeehond'73	1:10.22	200600019	1:08.46
9.	Janne Englebort	Hieronimus	1:03.72	200101561	1:08.50
10.	Nick Hendrickx	Hellas-Glana	1:12.20	200401025	1:09.14
11.	Lars Bulman	AquaDream	1:15.80	200600125	1:09.87
12.	Rogier Dorsman	ZZ&PC De Devel	1:08.70	199900211	1:11.72
13.	Mitchell van der Moeren	ZVDO'74	1:09.36	200200953	1:12.29
14.	Thomas van Beers	De Warande	1:22.28	200202021	1:14.39
15.	Ingmar Mulder	Nextline swimming	1:15.15	200700103	1:14.50
16.	Niek Issard	Vzc	1:18.06	200700037	1:15.56
17.	Benjamin van Helsdingen	ZZ&PC De Devel	1:35.75	200601097	1:16.37
18.	Lasse Schrieken	Vzc	1:22.09	200503145	1:16.90
19.	Rick Witlox	Dbd	1:20.00	200105239	1:19.40
20.	Stan Kepers	Hellas-Glana	1:24.23	200501063	1:19.46
21.	Sjoerd van der Wilt	Vzc	1:15.92	200501447	1:19.93
22.	Joswhe Oleana	Trb/Res	1:18.23	200701987	1:19.98
23.	Tim Seising	Vzc	1:24.97	200500107	1:21.38
24.	Alrik van Eeghem	Hellas-Glana	1:25.87	200600471	1:21.78
25.	Hannes Loos	Hieronimus	1:25.75	200603793	1:22.19
26.	Jelle den Otter	SG SCOM/de Zeehond'73	1:26.51	200600251	1:27.26
27.	Thijs van Hofweegen	Zpc Amersfoort	1:19.68	199605253	1:28.58
28.	Axl Thijssen	BZV 's-Hertogenbosch	1:30.90	200701013	1:29.91

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 10, Heren, 100m rugslag, Senioren Open

rang	naam	vereniging	intijd		tijd	RT
29.	Dylano Waas	De Warande	1:44.63	200701071	<b>1:35.67</b>	
30.	Josh Renkema	De Otters Het Gooi	1:47.55	200402537	<b>1:44.39</b>	212
31.	Ruben Cranenburg	De Warande	1:55.97	200802579	<b>1:52.11</b>	

Programmanr. 11  
16-2-2020

Dames, 50m schoolslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Phaedra Meijer	MNC Dordrecht	35.53	200405834	<b>35.85</b>	
2.	Thalia Meijer	MNC Dordrecht	37.69	200704048	<b>37.54</b>	
3.	Indy Mels	De Warande	38.42	200501354	<b>37.79</b>	
	Solenn Hoeben	Hellas-Glana	36.61	200303606	<b>37.79</b>	
5.	Tessa den Dekker	ZVDO'74	37.67	200002662	<b>37.88</b>	
6.	Tess Panjer	Vzc	42.64	200403060	<b>38.10</b>	
7.	Leyla Oversluisen	MNC Dordrecht	41.17	200602730	<b>39.68</b>	
8.	Yasmine Luyten	De Warande	40.99	200503988	<b>39.71</b>	
9.	Rosalie van der Bijl	Hieronymus	43.72	200701644	<b>40.54</b>	
10.	Shirley van Mourik	MNC Dordrecht	40.94	200802092	<b>41.15</b>	
11.	Esmee de Volder	De Warande	43.38	200404362	<b>41.81</b>	
12.	Maaïke van Heeswijk	De Warande	45.74	200500472	<b>42.34</b>	
13.	Sophie Kremers	Trb/Res	42.93	200304760	<b>42.57</b>	
14.	Britte Lodder	ZZ&PC De Devel	44.98	200702290	<b>42.61</b>	
15.	Fenna Heylighen	Hellas-Glana	41.74	200602086	<b>43.40</b>	
16.	Floor Engelen	VZV Njord	44.61	200702168	<b>43.41</b>	
17.	Zoë Senden	Hellas-Glana	41.71	200400132	<b>43.77</b>	
18.	Mayke van Tintelen	O Z & P C	44.51	200200688	<b>44.09</b>	
19.	Malou van Fessem	De Warande	43.85	200203630	<b>44.25</b>	
20.	Liza Theuns	Trb/Res	45.68	200702172	<b>45.10</b>	
21.	Linn van Overveld	Z.D.F.	45.21	200703456	<b>45.42</b>	
22.	Lieke Duijnkerke	Z & PC De Zeeuwse Kust 1	47.00	200700468	<b>46.20</b>	514
23.	Cato Kremers	Trb/Res	48.84	200404782	<b>46.49</b>	
24.	Nienke Mewis	ZVDO'74	47.21	200604460	<b>46.65</b>	
25.	Anniek Colijn	MNC Dordrecht	47.14	200801120	<b>47.68</b>	
26.	Eliska Bosscher	MNC Dordrecht	52.34	200800054	<b>47.71</b>	
27.	Guusje van de Rovaart	De Warande	46.31	200405578	<b>48.25</b>	
28.	Farah Allachi	BZV 's-Hertogenbosch	47.00	200605004	<b>48.89</b>	
29.	Nina Krempel	De Warande	47.45	200800856	<b>50.07</b>	
30.	Alisia Ramani	De Warande	51.35	200704286	<b>50.21</b>	
31.	Lotte Baselier	AquaDream	50.65	200802848	<b>52.17</b>	
32.	Linde Valentgoed	BZV 's-Hertogenbosch	58.56	200803992	<b>56.58</b>	
33.	Louisa Bouwman	Psv	59.17	200802460	<b>59.98</b>	
AFGEM	Róben Geers	AquaDream	51.60	200801448		
AFGEM	Lynn Meijers	Hellas-Glana	36.34	199803732		
AFGEM	Famke van Geel	Z.D.F.	50.02	200704322		

Programmanr. 12  
16-2-2020

Heren, 50m vlinderslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Niels de Boer	Hellas-Glana	26.63	200001977	<b>26.32</b>	
2.	Jarno van Oijen	Feijenoord Albion	27.34	200100055	<b>26.95</b>	
3.	Ruben Cuelenaere	Z & PC De Zeeuwse Kust 1	27.99	200100695	<b>27.78</b>	
4.	Otto Pranger	Feijenoord Albion	27.16	200000007	<b>28.02</b>	
5.	Damian Waas	De Warande	28.41	200402285	<b>28.40</b>	
6.	Lars Bulman	AquaDream	30.29	200600125	<b>28.77</b>	
7.	Timo Wouters	MNC Dordrecht	29.30	200401363	<b>28.99</b>	
8.	IJsbrand Buijnsters	De Warande	28.37	200200375	<b>29.06</b>	
9.	Lars Minnaert	VZV Njord	29.52	200502355	<b>29.62</b>	
10.	Jesper Pas	VZV Njord	29.48	200200967	<b>29.76</b>	
11.	Sem Lazaroms	Hieronymus	30.30	200402921	<b>30.17</b>	
12.	Joost Schuurmans	Hellas-Glana	31.79	200400543	<b>31.04</b>	
13.	Wim Crielaard	ZVDO'74	29.87	199205713	<b>31.21</b>	
14.	Thomas van Boxel	BZV 's-Hertogenbosch	29.22	199605619	<b>31.84</b>	
15.	Nick Hendrickx	Hellas-Glana	32.07	200401025	<b>32.10</b>	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 12, Heren, 50m vlinderslag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT
16.	Rinz van der Staal	AquaDream	33.93	200700279	<b>32.69</b>
17.	Jordi van Akkeren	Hieronimus	31.88	199604705	<b>32.77</b>
18.	Kyan Levens	Trb/Res	38.88	200202869	<b>34.06</b>
19.	Davey Bongers	BZV 's-Hertogenbosch	34.50	200304605	<b>34.73</b>
20.	Gabriël van Lieshout	ZVDO'74	35.39	200503369	<b>35.14</b>
21.	Sem Fijnaut	Hellas-Glana	39.99	200600495	<b>35.37</b>
22.	Luka Honeywell	BZV 's-Hertogenbosch	35.94	200501925	<b>35.76</b>
23.	Delano van der Wegen	AquaDream	39.84	200801941	<b>39.72</b>
24.	Niels van Hattum	Hellas-Glana	52.78	200802565	<b>43.77</b>
DIS	Nero van den Berg	BZV 's-Hertogenbosch	47.19	200504067	

VI - Met één hand keer- en/of eindpunt aangetikt.

AFGEM Rick Witlox Dbd 35.00 200105239

Programmanr. 13 Dames, 200m wisselslag Senioren Open  
16-2-2020 Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m	
1.	Valesca van den Bogert	Hieronimus	2:30.78	200102138	<b>2:28.50</b>	1:12.79	2:28.50	
2.	Nadja Wortel	Hieronimus	2:31.43	199800798	<b>2:31.43</b>	1:12.19	2:31.43	
3.	Lisa Kruger	De Dolfijn	2:27.33	200005304	SM10 <b>2:35.99</b>	876	1:13.41	2:35.99
4.	Anouk van Hattum	Hellas-Glana	2:38.04	200600738	<b>2:40.25</b>	1:15.29	2:40.25	
5.	Robin Vermeulen	MNC Dordrecht	2:44.35	200700412	<b>2:44.24</b>	1:17.56	2:44.24	
6.	Noa Ottens	Vzc	2:57.18	200702256	<b>2:45.04</b>	1:18.09	2:45.04	
7.	Rosa Kremers	Trb/Res	2:52.83	200701224	<b>2:48.26</b>	1:20.71	2:48.26	
8.	Robin Vermeer	Vzc	2:57.24	200701292	<b>2:48.96</b>	1:21.11	2:48.96	
9.	Isabella Castelijns	De Warande	2:51.14	200105962	<b>2:49.94</b>	1:19.94	2:49.94	
10.	Anne van Straaten	Hellas-Glana	2:51.25	199901884	<b>2:51.98</b>	1:22.52	2:51.98	
11.	Viviënne Bosch	Waalwijkse Zwem Vereniging	2:56.37	200700796	<b>2:52.53</b>	1:20.71	2:52.53	
12.	Myrthe Vos	Psv	3:18.71	200601684	<b>2:57.27</b>	1:24.82	2:57.27	
13.	Arianna Barakazjan	Hellas-Glana	3:01.23	200801658	<b>2:59.70</b>	1:28.32	2:59.70	
14.	Julie van Nispen	Z&PV Nuenen	2:59.59	200800290	<b>3:00.20</b>	1:29.88	3:00.20	
15.	Julia van Loon	Hieronimus	3:01.24	200501908	<b>3:03.87</b>	1:26.79	3:03.87	
16.	Zoë Bulkman	De Warande	3:23.84	200600746	<b>3:07.59</b>	1:30.89	3:07.59	
17.	Milou van Winkel	Link	3:06.98	200402296	SM14 <b>3:08.15</b>	352	1:31.98	3:08.15
18.	Liselot van der Velden	Z&PV Nuenen	3:11.99	200700456	<b>3:08.16</b>	1:32.75	3:08.16	
19.	Lise Urlings	Hellas-Glana	3:13.72	200601920	<b>3:18.00</b>	1:35.12	3:18.00	
20.	Anouk Engelen	VZV Njord	3:32.87	200303088	<b>3:21.07</b>	1:37.89	3:21.07	
21.	Wendy Huang	Psv	NT	200801510	<b>3:23.55</b>	1:33.95	3:23.55	
22.	Tess van der Spank	De Warande	4:01.75	200802226	<b>4:01.28</b>	2:06.85	4:01.28	
DIS	Anna Vinks	Psv	NT	200803344				

RH - Het eindpunt niet in rugligging aangeraakt.

Programmanr. 130 Meisjes, 200m wisselslag Minioren 5  
16-2-2020 Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Marit Libregts	De Warande	NT	200901652	<b>3:08.14</b>	1:30.28	3:08.14

Programmanr. 14 Heren, 400m wisselslag Senioren Open  
16-2-2020 Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
1.	Stan De Swart	Nextline swimming	4:58.61	200300535	<b>4:48.84</b>	1:04.24	2:17.37	3:43.41	4:48.84
	50m:	29.79	29.79	150m:	1:40.79	36.55	250m:	2:59.18	41.81
	100m:	1:04.24	34.45	200m:	2:17.37	36.58	300m:	3:43.41	44.23
2.	Thijn Damen	Trb/Res	5:15.06	200300973	<b>5:07.69</b>	1:11.01	2:31.38	3:59.49	5:07.69
	50m:	31.63	31.63	150m:	1:51.82	40.81	250m:	3:15.50	44.12
	100m:	1:11.01	39.38	200m:	2:31.38	39.56	300m:	3:59.49	43.99

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 14, Heren, 400m wisselslag, Senioren Open

rang naam	vereniging	intijd		tijd	RT	100m	200m	300m	400m		
3. Sven Westerlaken	ZVDO'74	5:36.37	199900271	<b>5:31.70</b>		1:08.35	2:31.85	4:13.48	5:31.70		
50m:	30.91	30.91	150m:	1:50.31	41.96	250m:	3:21.81	49.96	350m:	4:52.74	39.26
100m:	1:08.35	37.44	200m:	2:31.85	41.54	300m:	4:13.48	51.67	400m:	5:31.70	38.96
4. Dion Potters	Hieronymus	5:52.57	200601981	<b>6:06.96</b>		1:27.37	2:57.81	4:44.54	6:06.96		
50m:	38.52	38.52	150m:	2:13.60	46.23	250m:	3:51.41	53.60	350m:	5:26.50	41.96
100m:	1:27.37	48.85	200m:	2:57.81	44.21	300m:	4:44.54	53.13	400m:	6:06.96	40.46

Programmanr. 15  
16-2-2020

Dames, 400m wisselslag

Senioren Open  
Resultaten

rang naam	vereniging	intijd		tijd	RT	100m	200m	300m	400m		
1. Jessie Bodden	Hellas-Glana	5:31.22	200401650	<b>5:22.81</b>		1:16.06	2:37.19	4:10.28	5:22.81		
50m:	35.29	35.29	150m:	1:56.87	40.81	250m:	3:23.40	46.21	350m:	4:47.78	37.50
100m:	1:16.06	40.77	200m:	2:37.19	40.32	300m:	4:10.28	46.88	400m:	5:22.81	35.03
2. Lonneke Kampman	Nextline swimming	5:09.96	200100146	<b>5:23.72</b>		1:15.24	2:37.41	4:10.81	5:23.72		
50m:	34.25	34.25	150m:	1:56.33	41.09	250m:	3:23.10	45.69	350m:	4:47.90	37.09
100m:	1:15.24	40.99	200m:	2:37.41	41.08	300m:	4:10.81	47.71	400m:	5:23.72	35.82
3. Christel Brugmans	Hieronymus	5:29.49	200005602	<b>5:36.40</b>		1:16.32	2:44.24	4:18.17	5:36.40		
50m:	34.74	34.74	150m:	2:00.51	44.19	250m:	3:31.48	47.24	350m:	4:58.41	40.24
100m:	1:16.32	41.58	200m:	2:44.24	43.73	300m:	4:18.17	46.69	400m:	5:36.40	37.99
4. Evy van Laarhoven	Nextline swimming	NT	200500712	<b>5:52.19</b>		1:19.61	2:49.03	4:30.60	5:52.19		
50m:	36.38	36.38	150m:	2:05.22	45.61	250m:	3:39.05	50.02	350m:	5:12.52	41.92
100m:	1:19.61	43.23	200m:	2:49.03	43.81	300m:	4:30.60	51.55	400m:	5:52.19	39.67
5. Isa Coenen	Hellas-Glana	5:56.61	200300704	<b>6:10.91</b>		1:25.57	3:02.10	4:46.71	6:10.91		
50m:	37.70	37.70	150m:	2:14.10	48.53	250m:	3:53.10	51.00	350m:	5:29.63	42.92
100m:	1:25.57	47.87	200m:	3:02.10	48.00	300m:	4:46.71	53.61	400m:	6:10.91	41.28
6. Lotte Bastiaansen	Z&PV Nuenen	6:25.81	200304632	<b>6:14.34</b>		1:29.33	3:08.18	4:46.23	6:14.34		
50m:	41.19	41.19	150m:	2:19.73	50.40	250m:	3:56.74	48.56	350m:	5:31.35	45.12
100m:	1:29.33	48.14	200m:	3:08.18	48.45	300m:	4:46.23	49.49	400m:	6:14.34	42.99
7. Evy de Rot	AquaDream	NT	200700786	<b>6:24.47</b>		1:31.13	3:09.50	4:58.46	6:24.47		
50m:	40.98	40.98	150m:	2:21.12	49.99	250m:	4:04.02	54.52	350m:	5:43.25	44.79
100m:	1:31.13	50.15	200m:	3:09.50	48.38	300m:	4:58.46	54.44	400m:	6:24.47	41.22
8. Ymke van Dongen	De Warande	6:41.87	200202662	<b>7:04.15</b>		1:28.90	3:11.99	5:25.73	7:04.15		
50m:	38.07	38.07	150m:	2:20.15	51.25	250m:	4:16.73	1:04.74	350m:	6:16.12	50.39
100m:	1:28.90	50.83	200m:	3:11.99	51.84	300m:	5:25.73	1:09.00	400m:	7:04.15	48.03
AFGEM Marith Ewijk	Trb/Res	6:17.74	200801414								

Programmanr. 16  
16-2-2020

Heren, 200m rugslag

Senioren Open  
Resultaten

rang naam	vereniging	intijd		tijd	RT	100m	200m	
1. Raf Hendriks	Hellas-Glana	2:07.18	200100879	<b>2:09.09</b>		1:04.44	2:09.09	
2. Ivo Stolk	Feijenoord Albion	2:10.20	200100615	<b>2:16.04</b>		1:06.77	2:16.04	
3. Jorian Tanis	MNC Dordrecht	2:12.60	199900327	<b>2:16.82</b>		1:06.18	2:16.82	
4. Steijn Louter	Hieronymus	2:24.77	200500793	<b>2:23.06</b>		1:11.07	2:23.06	
5. Abel te Riele	Wvz	2:21.26	200402317	<b>2:24.20</b>		1:10.70	2:24.20	
6. Thijs van den End	ZPC Woerden	2:21.11	199306803	<b>2:25.36</b>	S9	857	1:10.82	2:25.36
7. Mitchell van der Mooren	ZVDO'74	2:32.54	200200953	<b>2:38.00</b>		1:17.16	2:38.00	
8. Cas Krijger	Trb/Res	2:41.74	200601389	<b>2:40.57</b>		1:18.71	2:40.57	
9. Tim van Alphen	Trb/Res	2:37.67	200302155	<b>2:40.66</b>		1:17.90	2:40.66	
10. Maikel Blijlevens	Waalwijkse Zwem Verenig	2:30.23	200701051	<b>2:46.99</b>		1:21.30	2:46.99	
11. Siem van den Bogaert	De Warande	3:14.04	200601393	<b>3:01.52</b>		1:28.43	3:01.52	
12. Axl Thijssen	BZV 's-Hertogenbosch	3:09.41	200701013	<b>3:32.98</b>		1:46.26	3:32.98	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 17 Dames, 100m rugslag Senioren Open Resultaten  
16-2-2020

rang	naam	vereniging	intijd		tijd	RT
1.	Aniek van de Weerd	Vzc	1:07.80	200404136	<b>1:09.27</b>	
2.	Maaïke Issard	Vzc	1:08.41	200300022	<b>1:11.51</b>	
3.	Amber van der Kruk	MSV-Zeemacht	1:12.34	200102730	<b>1:14.25</b>	835
4.	Megan de Hoog	SG SCOM/de Zeehond'73	1:13.49	200300214	<b>1:14.55</b>	
5.	Lysanne Thielen	Dzt'62	1:13.69	200205848	<b>1:14.74</b>	
6.	Tess Panjer	Vzc	1:21.11	200403060	<b>1:14.87</b>	
7.	Rachelle Luimes	Hellas-Glana	1:15.13	200500654	<b>1:16.35</b>	
8.	Lisa Roberts	Hellas-Glana	1:18.04	200700170	<b>1:17.35</b>	
9.	Hilda Vrijbloed	SG SCOM/de Zeehond'73	1:14.42	200600732	<b>1:18.11</b>	
10.	Maud Koehoorn	HZ&PC Heerenveen	1:15.68	200501418	<b>1:18.88</b>	
11.	Sanne Hofman	ZPC Hoogeveen	1:17.37	200102154	<b>1:19.09</b>	644
12.	Aisha Nobels	Feijenoord Albion	1:21.48	200501710	<b>1:19.12</b>	
13.	Kimm Bakker	HZ&PC Heerenveen	1:23.64	200403270	<b>1:20.19</b>	
14.	Cleo Keijzer	ZV Haerlem	1:18.01	199804524	<b>1:21.44</b>	912
15.	Kenza van Kapel	Waalwijkse Zwem Vereniging	1:36.13	200700798	<b>1:22.02</b>	
16.	Charlotte Hoogendoorn	Z&PV Nuenen	1:25.32	200203254	<b>1:24.09</b>	
17.	Diede Struijk	Z&PV Nuenen	1:24.04	200403824	<b>1:25.11</b>	449
18.	Liza Theuns	Trb/Res	1:32.69	200702172	<b>1:25.86</b>	
19.	Liselot van der Velden	Z&PV Nuenen	1:28.39	200700456	<b>1:26.69</b>	
20.	Suzie Pellis	Hieronymus	1:29.16	200701600	<b>1:26.83</b>	581
21.	Hanna de Graaf	ZVDO'74	1:25.26	200600300	<b>1:27.54</b>	
22.	Jessy van Vlimmeren	Hieronymus	1:26.63	200801452	<b>1:28.56</b>	
23.	Lina Boutaleb	Psv	1:30.58	200802404	<b>1:30.56</b>	
24.	Maud Smit	Vzc	1:38.17	200800788	<b>1:35.25</b>	
25.	Kim Theuns	Trb/Res	1:50.99	200703322	<b>1:36.38</b>	
26.	Linde Valentgoed	BZV 's-Hertogenbosch	1:53.28	200803992	<b>1:55.52</b>	
27.	Farah Allachi	BZV 's-Hertogenbosch	1:56.54	200605004	<b>2:02.16</b>	

Programmanr. 18 Heren, 100m schoolslag Senioren Open Resultaten  
16-2-2020

rang	naam	vereniging	intijd		tijd	RT
1.	Thomas van Wanrooij	Poseidon'56	1:08.31	200201473	<b>1:11.98</b>	824
2.	Tim van Duuren	Widex Gzc Donk	1:10.12	199802255	<b>1:12.03</b>	946
3.	Wessel Heijnemans	Hieronymus	1:12.66	200301353	<b>1:15.36</b>	
4.	Timo Wouters	MNC Dordrecht	1:14.26	200401363	<b>1:15.81</b>	
5.	Wesley van Elst	Vzc	1:20.68	200500507	<b>1:18.33</b>	
6.	Janne Englebert	Hieronymus	1:20.48	200101561	<b>1:19.31</b>	
7.	Robin Hermans	Trb/Res	1:22.39	199400987	<b>1:20.86</b>	
8.	Max van Zeijl	Hieronymus	1:27.29	200402075	<b>1:21.27</b>	
9.	Simon Boer	Zpc Amersfoort	1:20.67	199505643	<b>1:23.62</b>	878
10.	Lasse Schrieken	Vzc	1:31.47	200503145	<b>1:23.64</b>	
11.	Jordi van Akkeren	Hieronymus	1:21.28	199604705	<b>1:25.27</b>	
12.	Sjoerd van der Wilt	Vzc	1:28.05	200501447	<b>1:25.86</b>	
13.	Benjamin van Helsdingen	ZZ&PC De Devel	1:28.32	200601097	<b>1:26.86</b>	
14.	Senn Rutten	Hellas-Glana	1:31.22	200700629	<b>1:27.14</b>	
15.	Yulian Oppenhuizen	ZVDO'74	1:23.00	200000165	<b>1:28.78</b>	
16.	Stan Kepers	Hellas-Glana	1:33.68	200501063	<b>1:34.57</b>	
17.	Thom Keukens	VZV Njord	1:39.14	200700415	<b>1:39.85</b>	
18.	Ruben den Otter	SG SCOM/de Zeehond'73	1:39.11	200800055	<b>1:41.17</b>	
19.	Ruben Cranenburg	De Warande	1:58.33	200802579	<b>1:57.80</b>	
20.	Yannick Creemers	Hellas-Glana	2:03.26	200801031	<b>2:00.38</b>	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 19  
16-2-2020

Dames, 50m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Hannah Schellekens	Trb/Res	26.64	199706614	<b>27.73</b>	
2.	Selene Wortel	Hieronymus	27.26	199700654	<b>28.00</b>	
3.	Kim Roestenberg	Trb/Res	28.81	200402670	<b>28.41</b>	
4.	Phaedra Meijer	MNC Dordrecht	28.37	200405834	<b>28.78</b>	
5.	Babet de Voogd	Z & PC De Zeeuwse Kust 1	29.00	200301362	<b>28.86</b>	
6.	Chantalle Zijdeveld	ZZ&PC De Devel	28.01	200000702	<b>28.94</b>	S10 933
7.	Félinn van Lienden	Hieronymus	30.33	200602038	<b>30.09</b>	
8.	Maud van Zwienen	De Warande	31.69	200703734	<b>30.76</b>	
9.	Danine Besselink	ZVDO'74	30.11	200200450	<b>30.95</b>	
10.	Gwen Eygendaal	De Warande	30.42	200404680	<b>31.04</b>	
	Karen van Dee	SG SCOM/de Zeehond'73	30.15	199604074	<b>31.04</b>	
12.	Jennifer Geerlings	Hellas-Glana	31.83	200402088	<b>31.30</b>	
13.	Tessa den Dekker	ZVDO'74	31.36	200002662	<b>31.31</b>	
14.	Manouk Maas	Z & PC De Zeeuwse Kust 1	31.07	200502952	<b>31.46</b>	
15.	Jet Kamphuis	ZVDO'74	32.45	200600210	<b>31.79</b>	
16.	Indy Mels	De Warande	31.35	200501354	<b>31.91</b>	
17.	Kimm Bakker	HZ&PC Heerenveen	30.87	200403270	<b>32.01</b>	
18.	Manon Kooij	Vzc	31.63	200602142	<b>32.15</b>	
19.	Jasmijn Goos	De Warande	33.83	200604028	<b>32.64</b>	
20.	Arianna Barakazjan	Hellas-Glana	34.49	200801658	<b>32.65</b>	
21.	Cato Kremers	Trb/Res	32.35	200404782	<b>32.97</b>	
22.	Zoë Senden	Hellas-Glana	31.96	200400132	<b>33.12</b>	
23.	Quinty de Jong	ZVDO'74	33.22	200300430	<b>33.19</b>	
24.	Floor Engelen	VZV Njord	33.02	200702168	<b>34.01</b>	
25.	Wendy Hoogkamp	Trb/Res	34.43	200502398	<b>34.37</b>	
26.	Fenna Heylighen	Hellas-Glana	34.93	200602086	<b>34.61</b>	
27.	Fleur van Horik	BZV 's-Hertogenbosch	37.75	200405712	<b>34.77</b>	
28.	Meike de Waard	De Warande	37.62	200702380	<b>34.85</b>	
29.	Anniek Colijn	MNC Dordrecht	35.35	200801120	<b>34.93</b>	
30.	Danae Sagonas	VZV Njord	34.73	200400564	<b>35.25</b>	
31.	Lina Boutaleb	Psv	43.10	200802404	<b>35.30</b>	
	Nienke Mewis	ZVDO'74	37.63	200604460	<b>35.30</b>	
33.	Eline van Dijk	VZV Njord	38.07	200703660	<b>36.63</b>	
34.	Guusje van de Rovaart	De Warande	41.63	200405578	<b>38.22</b>	
35.	Nina Krempel	De Warande	41.79	200800856	<b>38.34</b>	
36.	Lotte Baselier	AquaDream	39.97	200802848	<b>38.49</b>	
AFGEM	Vera van der Meer	Vzc	34.54	200701508		
AFGEM	Lynn Meijers	Hellas-Glana	29.44	199803732		
NG	Kayley Mc Ateer	Z&PV Nuenen	29.27	200305000		

Programmanr. 20  
16-2-2020

Heren, 50m rugslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Stefan Tomicic	Hellas-Glana	27.12	200101271	<b>27.98</b>	
2.	Stan De Swart	Nextline swimming	29.79	200300535	<b>29.60</b>	
3.	Milan Meurs	Z&PV Nuenen	29.42	200202079	<b>29.69</b>	
4.	Sem Bonte	Z & PC De Zeeuwse Kust 1	31.39	200400427	<b>32.57</b>	
5.	IJsbrand Buijnsters	De Warande	29.46	200200375	<b>32.64</b>	
6.	Thomas van Beers	De Warande	34.19	200202021	<b>33.26</b>	
7.	Rinz van der Staal	AquaDream	35.76	200700279	<b>34.21</b>	
8.	Sven van Eeghem	Hellas-Glana	34.41	200400541	<b>34.40</b>	
9.	Max Libregts	Trb/Res	37.97	200304343	<b>35.11</b>	
10.	Dion Potters	Hieronymus	36.51	200601981	<b>35.37</b>	
11.	Rick Witlox	Dbd	38.00	200105239	<b>35.82</b>	
12.	Marc Bunkers	Dbd	40.29	199207129	<b>38.20</b>	
13.	Alrik van Eeghem	Hellas-Glana	40.40	200600471	<b>38.38</b>	
14.	Lars Keukens	VZV Njord	38.02	200501135	<b>38.55</b>	
15.	Hannes Loos	Hieronymus	38.65	200603793	<b>38.63</b>	
16.	Jelle den Otter	SG SCOM/de Zeehond'73	40.53	200600251	<b>40.24</b>	
17.	Axl Thijssen	BZV 's-Hertogenbosch	NT	200701013	<b>41.16</b>	
18.	Phin van Ek	Psv	41.79	200702827	<b>42.04</b>	
19.	Jannick van Eeghem	Hellas-Glana	46.62	200800147	<b>43.45</b>	
20.	Dean Geerlings	Hellas-Glana	43.40	200800693	<b>49.34</b>	
21.	Igor van de Corput	De Warande	48.26	200802051	<b>49.40</b>	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 20, Heren, 50m rugslag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Delano van der Wegen	AquaDream	41.96	200801941	

Programmanr. 21  
16-2-2020

Dames, 200m schoolslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Robin Goossens	Z&PV Nuenen	2:39.28	200003128	<b>2:42.93</b>	1:19.23	2:42.93
2.	Thalia Meijer	MNC Dordrecht	3:02.80	200704048	<b>3:03.38</b>	1:30.39	3:03.38
3.	Meike Blik	Hellas-Glana	3:11.14	200600412	<b>3:07.55</b>	1:30.43	3:07.55
4.	Yasmine Luyten	De Warande	3:11.74	200503988	<b>3:08.12</b>	1:32.06	3:08.12
5.	Suus Bontrup	Psv	3:15.29	200601766	<b>3:09.51</b>	1:31.83	3:09.51
6.	Vera Bastiaensen	Hieronymus	3:10.44	200800572	<b>3:12.14</b>	1:34.06	3:12.14
7.	Bregje Vermeulen	Trb/Res	3:25.55	200500650	<b>3:12.40</b>	1:31.95	3:12.40
8.	Robin Vermeulen	MNC Dordrecht	2:53.21	200700412	<b>3:12.95</b>	1:32.69	3:12.95
9.	Julia van Loon	Hieronymus	3:19.84	200501908	<b>3:15.84</b>	1:33.58	3:15.84
10.	Anouk Engelen	VZV Njord	3:38.41	200303088	<b>3:50.84</b>	1:49.91	3:50.84
11.	Louisa Bouwman	Psv	4:28.22	200802460	<b>4:22.58</b>	2:09.01	4:22.58
NG.ZA	Bridget Vermeer	Vzc	2:44.84	200501766			

Programmanr. 22  
16-2-2020

Heren, 200m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Max Visser	Wvz	1:57.40	200100077	<b>1:57.28</b>	57.40	1:57.28
2.	Lucas Peters	Nextline swimming	1:58.22	200301325	<b>2:02.65</b>	56.43	2:02.65
3.	Jarno van Oijen	Feijenoord Albion	2:05.38	200100055	<b>2:05.28</b>	1:00.14	2:05.28
4.	Sem Lazaroms	Hieronymus	2:05.99	200402921	<b>2:14.33</b>	1:04.82	2:14.33
5.	Joost Schuurmans	Hellas-Glana	2:13.72	200400543	<b>2:14.73</b>	1:05.56	2:14.73
6.	Lars Bulman	AquaDream	2:18.81	200600125	<b>2:15.16</b>	1:06.28	2:15.16
7.	Jeffrey van der Mooren	ZVDO'74	2:09.28	199900685	<b>2:15.61</b>	1:05.65	2:15.61
8.	Jesper Pas	VZV Njord	2:15.99	200200967	<b>2:17.63</b>	1:06.24	2:17.63
9.	Frans Slaats	Z&PV Nuenen	2:11.25	199300461	<b>2:19.55</b>	1:06.22	2:19.55
10.	Stan Kepers	Hellas-Glana	2:28.81	200501063	<b>2:24.15</b>	1:10.96	2:24.15
11.	Thomas van Boxel	BZV 's-Hertogenbosch	2:27.15	199605619	<b>2:27.81</b>	1:10.57	2:27.81
12.	Kyan Levens	Trb/Res	2:28.80	200202869	<b>2:27.83</b>	1:09.71	2:27.83
13.	Benjamin van Helsdingen	ZZ&PC De Devel	2:48.19	200601097	<b>2:28.20</b>	1:10.70	2:28.20
14.	Siem van den Bogaert	De Warande	2:35.81	200601393	<b>2:30.33</b>	1:12.60	2:30.33
15.	Otto Pranger	Feijenoord Albion	1:58.93	200000007	<b>2:31.29</b>	1:08.31	2:31.29
16.	Bram van der Pas	Dbd	2:30.00	200404681	<b>2:32.47</b>	1:10.29	2:32.47
17.	Wout Serrarens	Dzt'62	2:43.32	200800261	<b>2:34.94</b>	1:15.29	2:34.94
18.	Gijs Koehoorn	HZ&PC Heerenveen	2:52.49	200800275	<b>2:35.46</b>	1:15.08	2:35.46
19.	Tim Seising	Vzc	2:45.10	200500107	<b>2:36.50</b>	1:14.65	2:36.50
20.	Berend van der Schrier	Hieronymus	2:59.82	200601915	<b>2:38.04</b>	1:16.65	2:38.04
21.	Sem Fijnaut	Hellas-Glana	2:43.62	200600495	<b>2:42.82</b>	1:17.10	2:42.82
22.	Davey Bongers	BZV 's-Hertogenbosch	2:47.81	200304605	<b>2:45.39</b>	1:15.37	2:45.39
23.	Hannes Loos	Hieronymus	2:49.31	200603793	<b>2:49.58</b>	1:19.89	2:49.58

Programmanr. 23  
16-2-2020

Dames, 100m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Selene Wortel	Hieronymus	59.51	199700654	<b>1:01.14</b>
2.	Lisa Kruger	De Dolfijn	1:00.76	200005304	S10 <b>1:02.99</b> 913
3.	Anouk van Hattum	Hellas-Glana	1:03.98	200600738	<b>1:03.37</b>
4.	Chantalle Zijdeveld	ZZ&PC De Devel	1:00.71	200000702	S10 <b>1:03.44</b> 901
5.	Leyla Oversluiizen	MNC Dordrecht	1:05.12	200602730	<b>1:06.15</b>
6.	Suze Creemers	Hellas-Glana	1:10.74	200700738	<b>1:06.77</b>
7.	Solenn Hoeben	Hellas-Glana	1:06.27	200303606	<b>1:07.20</b>
8.	Rosa Kremers	Trb/Res	1:08.85	200701224	<b>1:07.75</b>
9.	Noa Ottens	Vzc	1:13.93	200702256	<b>1:08.56</b>
10.	Lisa Roberts	Hellas-Glana	1:15.58	200700170	<b>1:08.60</b>

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 23, Dames, 100m vrije slag, Senioren Open

rang	naam	vereniging	intijd		tijd	RT
11.	Danine Besselink	ZVDO'74	1:06.93	200200450	<b>1:09.66</b>	
12.	Sophie Kremers	Trb/Res	1:12.71	200304760	<b>1:10.31</b>	
13.	Esmee de Volder	De Warande	1:11.23	200404362	<b>1:10.57</b>	
14.	Samantha van der Jagt	ZZ&PC De Devel	1:10.73	200700220	<b>1:11.25</b>	
15.	Isa Coenen	Hellas-Glana	1:07.91	200300704	<b>1:11.28</b>	
16.	Zoë Bulkman	De Warande	1:14.39	200600746	<b>1:14.65</b>	
17.	Laura Knoester	BZV 's-Hertogenbosch	1:15.25	200302786	<b>1:14.97</b>	
18.	Marith Ewijk	Trb/Res	1:19.27	200801414	<b>1:15.76</b>	
19.	Malou van Fessem	De Warande	1:15.30	200203630	<b>1:16.20</b>	
20.	Daniq̄ue Cuelenaere	Z & PC De Zeeuwse Kust 1	1:14.53	200400690	<b>1:16.38</b>	
21.	Lise Urlings	Hellas-Glana	1:15.63	200601920	<b>1:16.52</b>	
22.	Britte Lodder	ZZ&PC De Devel	1:11.95	200702290	<b>1:16.56</b>	
23.	Evy de Rot	AquaDream	1:20.72	200700786	<b>1:17.53</b>	
24.	Meike de Waard	De Warande	1:23.23	200702380	<b>1:18.48</b>	
25.	Wendy Huang	Psv	1:35.87	200801510	<b>1:19.34</b>	
26.	Anniek Colijn	MNC Dordrecht	1:17.68	200801120	<b>1:19.53</b>	
27.	Linn van Overveld	Z.D.F.	1:20.80	200703456	<b>1:20.78</b>	
28.	Eliska Bosscher	MNC Dordrecht	1:22.01	200800054	<b>1:21.58</b>	
29.	Fleur van Horik	BZV 's-Hertogenbosch	1:28.49	200405712	<b>1:22.54</b>	
30.	Tess van der Spank	De Warande	1:31.04	200802226	<b>1:32.12</b>	
31.	Farah Allachi	BZV 's-Hertogenbosch	1:48.92	200605004	<b>1:35.77</b>	
32.	Alisia Ramani	De Warande	1:47.42	200704286	<b>1:39.63</b>	
33.	Linde Valentgoed	BZV 's-Hertogenbosch	NT	200803992	<b>1:54.17</b>	
AFGEM	Gorshid Ashough	De Warande	1:38.10	200700836		
AFGEM	Róben Geers	AquaDream	1:26.75	200801448		
AFGEM	Famke van Geel	Z.D.F.	NT	200704322		

Programmanr. 230  
16-2-2020

Meisjes, 100m vrije slag

Minioren 5  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Marit Libregts	De Warande	NT	200901652	<b>1:18.58</b>	

Programmanr. 24  
16-2-2020

Heren, 100m vlinderslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Niels de Boer	Hellas-Glana	59.68	200001977	<b>58.39</b>	
2.	Alexander Nijst	Z&PV Nuenen	59.19	200104869	<b>58.54</b>	
3.	Raf Hendriks	Hellas-Glana	1:02.16	200100879	<b>1:00.28</b>	
4.	Lucas Peters	Nextline swimming	1:00.46	200301325	<b>1:02.21</b>	
5.	Ruben Cuelenaere	Z & PC De Zeeuwse Kust 1	1:05.38	200100695	<b>1:05.79</b>	
6.	Thom de Hoog	SG SCOM/de Zeehond'73	1:08.95	200600019	<b>1:07.99</b>	
7.	Lars Diesch	Argo	1:09.94	200103189	<b>1:09.34</b>	
8.	Abel te Riele	Wvz	1:06.39	200402317	<b>1:10.09</b>	
9.	Robin Hermans	Trb/Res	1:14.15	199400987	<b>1:12.78</b>	
10.	Wesley van Elst	Vzc	1:14.27	200500507	<b>1:13.36</b>	
11.	Ingmar Mulder	Nextline swimming	1:12.78	200700103	<b>1:14.01</b>	
12.	Gabriél van Lieshout	ZVDO'74	1:21.56	200503369	<b>1:21.65</b>	
13.	Dylano Waas	De Warande	1:42.45	200701071	<b>1:43.10</b>	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 25  
16-2-2020

Dames, 50m vlinderslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Christel Brugmans	Hieronymus	30.46	200005602	<b>30.32</b>	
2.	Babet de Voogd	Z & PC De Zeeuwse Kust 1	31.08	200301362	<b>30.97</b>	
3.	Kim Roestenberg	Trb/Res	32.88	200402670	<b>31.34</b>	
4.	Félinn van Lienden	Hieronymus	34.34	200602038	<b>33.40</b>	
5.	Silke Bliet	Hellas-Glana	32.34	200301948	<b>33.67</b>	
6.	Kimm Bakker	HZ&PC Heerenveen	34.78	200403270	<b>34.57</b>	
7.	Michelle van Dijk	Dzt'62	34.60	199806564	<b>34.68</b>	
8.	Aisha Nobels	Feijenoord Albion	35.47	200501710	<b>34.72</b>	
9.	Jennifer Geerlings	Hellas-Glana	33.73	200402088	<b>34.73</b>	
10.	Isabella Castelijns	De Warande	34.48	200105962	<b>34.82</b>	
11.	Luna van Tilburg	De Warande	36.41	200502160	<b>35.09</b>	
12.	Indy Mels	De Warande	34.76	200501354	<b>35.12</b>	
13.	Shirley van Mourik	MNC Dordrecht	34.41	200802092	<b>35.44</b>	
14.	Lotte Bastiaansen	Z&PV Nueneen	39.41	200304632	<b>36.10</b>	
15.	Myrthe Vos	Psv	42.01	200601684	<b>36.34</b>	
16.	Cato Kremers	Trb/Res	36.99	200404782	<b>36.87</b>	
17.	Zoë Senden	Hellas-Glana	33.86	200400132	<b>36.94</b>	
18.	Suus Bontrup	Psv	41.10	200601766	<b>37.16</b>	
19.	Suzie Pellis	Hieronymus	39.39	200701600	<b>38.06</b>	S9
20.	Julie van Nispen	Z&PV Nueneen	38.95	200800290	<b>38.53</b>	625
21.	Jessy van Vlimmeren	Hieronymus	38.43	200801452	<b>38.56</b>	
22.	Eline van Dijk	VZV Njord	47.35	200703660	<b>38.59</b>	
23.	Ines Keijzers	Z&PV Nueneen	39.11	200704296	<b>38.95</b>	
24.	Fenna Heylighen	Hellas-Glana	40.40	200602086	<b>40.94</b>	
25.	Aurelie Koster	De Warande	48.56	200702134	<b>42.02</b>	
26.	Nienke Mewis	ZVDO'74	45.80	200604460	<b>45.18</b>	
27.	Kim Theuns	Trb/Res	1:00.36	200703322	<b>49.00</b>	
28.	Maud Smit	Vzc	49.36	200800788	<b>49.98</b>	
29.	Lina Boutaleb	Psv	54.59	200802404	<b>52.88</b>	
30.	Lotte Baselier	AquaDream	53.34	200802848	<b>53.53</b>	
31.	Anna Vinks	Psv	1:10.01	200803344	<b>1:03.22</b>	
AFGEM	Lynn Meijers	Hellas-Glana	32.36	199803732		
NG	Kayley Mc Ateer	Z&PV Nueneen	30.17	200305000		

Programmanr. 26  
16-2-2020

Heren, 50m schoolslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Steijn Louter	Hieronymus	33.66	200500793	<b>32.48</b>	
2.	Jorian Tanis	MNC Dordrecht	33.09	199900327	<b>33.06</b>	
3.	Tim van Duuren	Widex Gzc Donk	32.51	199802255	<b>33.39</b>	SB8
4.	Bart de Bruijn	Hieronymus	33.90	200004177	<b>34.01</b>	922
5.	Max van Aken	Dbd	38.76	200404429	<b>38.25</b>	
6.	Senn Rutten	Hellas-Glana	43.27	200700629	<b>38.69</b>	
7.	Joswhe Oleana	Trb/Res	41.25	200701987	<b>38.87</b>	
8.	Max Libregts	Trb/Res	37.66	200304343	<b>38.93</b>	
9.	Thomas van Beers	De Warande	39.60	200202021	<b>39.43</b>	
10.	Rinz van der Staal	AquaDream	44.51	200700279	<b>40.63</b>	
11.	Ruben den Otter	SG SCOM/de Zeehond'73	47.06	200800055	<b>45.23</b>	
12.	Thom Keukens	VZV Njord	46.34	200700415	<b>46.63</b>	
13.	Jannick van Eeghem	Hellas-Glana	50.36	200800147	<b>48.20</b>	
14.	Berend van der Schrier	Hieronymus	50.73	200601915	<b>49.41</b>	
15.	Igor van de Corput	De Warande	49.51	200802051	<b>52.10</b>	
16.	Dean Geerlings	Hellas-Glana	52.03	200800693	<b>53.65</b>	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 27 Dames, 200m rugslag Senioren Open Resultaten  
16-2-2020

rang	naam	vereniging	intijd		tijd	RT	100m	200m
1.	Aniek van de Weerd	Vzc	2:24.03	200404136	<b>2:29.06</b>		1:13.45	2:29.06
2.	Maaïke Issard	Vzc	2:30.57	200300022	<b>2:31.42</b>		1:13.44	2:31.42
3.	Merel Phaff	Z&PV Nuenen	2:29.74	200100434	<b>2:34.59</b>		1:16.04	2:34.59
4.	Jessie Bodden	Hellas-Glana	2:35.03	200401650	<b>2:34.92</b>		1:15.17	2:34.92
5.	Hannah Schellekens	Trb/Res	2:29.73	199706614	<b>2:37.32</b>		1:17.86	2:37.32
6.	Lysanne Thielen	Dzt'62	2:39.24	200205848	<b>2:44.56</b>		1:21.51	2:44.56
7.	Rachelle Luimes	Hellas-Glana	2:43.03	200500654	<b>2:45.55</b>		1:20.06	2:45.55
8.	Maud van Zwienen	De Warande	2:58.14	200703734	<b>2:47.31</b>		1:22.91	2:47.31
9.	Rosalie van der Bijl	Hieronimus	2:53.74	200701644	<b>2:49.55</b>		1:25.68	2:49.55
10.	Maud Koehoorn	HZ&PC Heerenveen	2:49.96	200501418	<b>2:49.81</b>		1:23.69	2:49.81
11.	Robin Vermeulen	MNC Dordrecht	2:31.82	200700412	<b>2:51.71</b>		1:24.37	2:51.71
12.	Gwen Eygendaal	De Warande	3:01.86	200404680	<b>2:51.96</b>		1:24.42	2:51.96
13.	Esma van der Heijden	Hellas-Glana	2:59.89	200501264	<b>2:53.08</b>		1:25.06	2:53.08

Programmanr. 28 Heren, 200m wisselslag Senioren Open Resultaten  
16-2-2020

rang	naam	vereniging	intijd		tijd	RT	100m	200m
1.	Marc Evers	ZV Haerlem	2:11.70	199107425	SM14 <b>2:16.55</b>	925	1:04.49	2:16.55
2.	Timo Spaans	Nextline swimming	2:16.66	200201087	<b>2:18.35</b>		1:05.57	2:18.35
3.	Ian Sanders	Hellas-Glana	2:16.94	200100373	<b>2:18.49</b>		1:08.84	2:18.49
4.	Thijn Damen	Trb/Res	2:26.08	200300973	<b>2:21.48</b>		1:07.18	2:21.48
5.	Milan Meurs	Z&PV Nuenen	2:23.65	200202079	<b>2:21.91</b>		1:07.31	2:21.91
6.	Floris Sonneveld	Z&PV Nuenen	2:24.80	200402953	<b>2:26.23</b>		1:09.98	2:26.23
7.	Wessel Heijnemans	Hieronimus	2:35.97	200301353	<b>2:30.39</b>		1:12.38	2:30.39
8.	Sven van Eeghem	Hellas-Glana	2:31.20	200400541	<b>2:33.05</b>		1:14.02	2:33.05
9.	Lars Minnaert	VZV Njord	2:32.31	200502355	<b>2:38.69</b>		1:11.08	2:38.69
10.	Cas Krijger	Trb/Res	2:47.60	200601389	<b>2:44.04</b>		1:17.87	2:44.04
11.	Max van Zeijl	Hieronimus	2:51.19	200402075	<b>2:46.87</b>		1:22.30	2:46.87
12.	Lars Keukens	VZV Njord	2:44.75	200501135	<b>2:48.37</b>		1:23.07	2:48.37
13.	Alrik van Eeghem	Hellas-Glana	2:55.79	200600471	<b>2:52.91</b>		1:30.56	2:52.91
14.	Max Bos	SG SCOM/de Zeehond'73	3:01.58	200701383	SM10 <b>3:10.86</b>	46	1:35.37	3:10.86
15.	Niels van Hattum	Hellas-Glana	3:42.11	200802565	<b>3:15.24</b>		1:06.30	3:15.24
16.	Jasper van Calis	Dzt'62	3:09.80	200700809	<b>3:15.80</b>		1:41.56	3:15.80
17.	Yannick Creemers	Hellas-Glana	3:50.48	200801031	<b>3:43.52</b>		1:52.60	3:43.52
DIS	Phin van Ek	Psv	3:22.97	200702827				

AA - Gestart voor het startsignaal (en wel gezwommen).

DIS Jesse Stel HZ&PC Heerenveen 3:16.88 200700589 SM10  
RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Programmanr. 29 Dames, 800m vrije slag Senioren Open Resultaten  
16-2-2020

rang	naam	vereniging	intijd				tijd				RT	
1.	Kirsten Verhalle	Vzc	9:39.50				200400210				<b>9:31.57</b>	
	100m:	1:07.55	1:07.55	300m:	3:29.44	1:11.71	500m:	5:53.80	1:12.17	700m:	8:19.98	1:13.55
	200m:	2:17.73	1:10.18	400m:	4:41.63	1:12.19	600m:	7:06.43	1:12.63	800m:	9:31.57	1:11.59
2.	Imke Beekman	Hellas-Glana	9:33.27				200301950				<b>9:33.75</b>	
	100m:	1:07.78	1:07.78	300m:	3:33.53	1:12.92	500m:	5:59.00	1:12.72	700m:	8:24.53	1:12.50
	200m:	2:20.61	1:12.83	400m:	4:46.28	1:12.75	600m:	7:12.03	1:13.03	800m:	9:33.75	1:09.22
3.	Sophie de Jonge	Wvz	9:25.08				200200118				<b>9:45.86</b>	
	100m:	1:07.09	1:07.09	300m:	3:34.00	1:14.21	500m:	6:04.58	1:15.76	700m:	8:34.07	1:14.21
	200m:	2:19.79	1:12.70	400m:	4:48.82	1:14.82	600m:	7:19.86	1:15.28	800m:	9:45.86	1:11.79
4.	Nadja Wortel	Hieronimus	10:08.28				199800798				<b>10:14.85</b>	
	100m:	1:10.97	1:10.97	300m:			500m:			700m:		
	200m:	2:27.10	1:16.13	400m:	5:01.82		600m:			800m:	10:14.85	
5.	Anne van Straaten	Hellas-Glana	10:14.50				199901884				<b>10:28.93</b>	
	100m:	1:11.70	1:11.70	300m:			500m:			700m:		
	200m:	2:30.53	1:18.83	400m:	5:10.72		600m:			800m:	10:28.93	

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 29, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT			
6.	Hilda Vrijbloed	SG SCOM/de Zeehond'73	11:14.71	200600732	<b>10:29.33</b>			
	100m: 1:12.81	1:12.81	300m: 3:51.77	1:19.60	500m: 6:32.88	1:20.67	700m: 9:13.31	1:19.95
	200m: 2:32.17	1:19.36	400m: 5:12.21	1:20.44	600m: 7:53.36	1:20.48	800m: 10:29.33	1:16.02
7.	Indy van Laarhoven	Nextline swimming	10:11.99	200500710	<b>10:30.63</b>			
	100m: 1:12.96	1:12.96	300m: 3:51.11	1:19.83	500m: 6:31.27	1:19.57	700m: 9:12.58	1:20.59
	200m: 2:31.28	1:18.32	400m: 5:11.70	1:20.59	600m: 7:51.99	1:20.72	800m: 10:30.63	1:18.05
8.	Lieke van Geijn	De Warande	10:50.96	200600314	<b>10:40.69</b>			
	100m: 1:13.96	1:13.96	300m: 3:55.30	1:24.18	500m: 6:39.80	1:21.72	700m: 9:23.49	1:21.72
	200m: 2:31.12	1:17.16	400m: 5:18.08	1:22.78	600m: 8:01.77	1:21.97	800m: 10:40.69	1:17.20
9.	Ylva Konings	Psv	NT	200700148	<b>10:43.78</b>			
	100m: 1:13.77	1:13.77	300m: 3:57.25	1:22.31	500m: 6:42.91	1:22.70	700m: 9:26.38	1:21.31
	200m: 2:34.94	1:21.17	400m: 5:20.21	1:22.96	600m: 8:05.07	1:22.16	800m: 10:43.78	1:17.40
10.	Eliza Hamelink	Psv	10:33.91	200502116	<b>11:00.39</b>			
	100m: 1:15.42	1:15.42	300m: 3:59.72	1:23.54	500m: 6:51.70	1:26.53	700m: 9:40.80	1:23.85
	200m: 2:36.18	1:20.76	400m: 5:25.17	1:25.45	600m: 8:16.95	1:25.25	800m: 11:00.39	1:19.59
11.	Manon Kooij	Vzc	11:11.91	200602142	<b>11:11.95</b>			
	100m: 1:19.81	1:19.81	300m: 4:10.21	1:25.26	500m: 7:00.43	1:25.24	700m: 9:51.21	1:24.76
	200m: 2:44.95	1:25.14	400m: 5:35.19	1:24.98	600m: 8:26.45	1:26.02	800m: 11:11.95	1:20.74
12.	Lieke Duijnkerke	Z & PC De Zeeuwse Kust 1	11:31.35	200700468	S10	<b>11:13.22</b>	381	
	100m: 1:17.95	1:17.95	300m: 4:07.55	1:24.66	500m: 6:58.82	1:25.75	700m: 9:51.76	1:26.00
	200m: 2:42.89	1:24.94	400m: 5:33.07	1:25.52	600m: 8:25.76	1:26.94	800m: 11:13.22	1:21.46
13.	Robin Vermeer	Vzc	11:15.46	200701292	<b>11:14.08</b>			
	100m: 1:19.15	1:19.15	300m: 4:11.87	1:26.96	500m: 7:05.23	1:27.08	700m: 9:55.11	1:23.76
	200m: 2:44.91	1:25.76	400m: 5:38.15	1:26.28	600m: 8:31.35	1:26.12	800m: 11:14.08	1:18.97
14.	Maaïke van Heeswijk	De Warande	11:12.64	200500472	<b>11:27.34</b>			
	100m: 1:19.45	1:19.45	300m: 4:11.32	1:26.51	500m: 7:06.68	1:28.05	700m: 10:02.86	1:27.83
	200m: 2:44.81	1:25.36	400m: 5:38.63	1:27.31	600m: 8:35.03	1:28.35	800m: 11:27.34	1:24.48
15.	Claire Alizé	Psv	11:03.97	200601104	<b>11:28.48</b>			
	100m: 1:20.95	1:20.95	300m: 4:15.97	1:27.25	500m: 7:12.12	1:27.57	700m: 10:05.97	1:26.26
	200m: 2:48.72	1:27.77	400m: 5:44.55	1:28.58	600m: 8:39.71	1:27.59	800m: 11:28.48	1:22.51
16.	Laura van Lierop	Psv	12:31.20	200700810	<b>11:30.23</b>			
	100m: 1:22.14	1:22.14	300m: 4:23.02	1:30.59	500m: 7:20.03	1:29.23	700m: 10:12.65	1:25.24
	200m: 2:52.43	1:30.29	400m: 5:50.80	1:27.78	600m: 8:47.41	1:27.38	800m: 11:30.23	1:17.58
17.	Caroline van Rooij	Psv	11:23.60	200505176	<b>11:34.13</b>			
	100m: 1:20.54	1:20.54	300m: 4:15.05	1:26.98	500m: 7:11.91	1:28.13	700m: 10:09.91	1:29.20
	200m: 2:48.07	1:27.53	400m: 5:43.78	1:28.73	600m: 8:40.71	1:28.80	800m: 11:34.13	1:24.22
NG.ZA	Bridget Vermeer	Vzc	9:22.70	200501766				
AFGEM	Vera van der Meer	Vzc	13:04.70	200701508				

Programmanr. 30  
16-2-2020

Heren, 1500m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	David Groenewegen	Psv	16:54.99	200400469	<b>17:17.31</b>			
	100m: 1:04.83	1:04.83	500m: 5:38.56	1:08.55	900m: 10:17.63	1:09.96	1300m: 14:58.70	1:10.34
	200m: 2:12.63	1:07.80	600m: 6:48.23	1:09.67	1000m: 11:28.65	1:11.02	1400m: 16:09.33	1:10.63
	300m: 3:20.87	1:08.24	700m: 7:57.85	1:09.62	1100m: 12:38.28	1:09.63	1500m: 17:17.31	1:07.98
	400m: 4:30.01	1:09.14	800m: 9:07.67	1:09.82	1200m: 13:48.36	1:10.08		
2.	Luuk van Rooij	Psv	17:53.52	200400581	<b>17:30.66</b>			
	100m: 1:05.05	1:05.05	500m: 5:42.36	1:11.44	900m: 10:27.97	1:11.37	1300m: 15:12.41	1:11.00
	200m: 2:13.01	1:07.96	600m: 6:53.41	1:11.05	1000m: 11:39.14	1:11.17	1400m: 16:23.12	1:10.71
	300m: 3:21.68	1:08.67	700m: 8:04.57	1:11.16	1100m: 12:50.36	1:11.22	1500m: 17:30.66	1:07.54
	400m: 4:30.92	1:09.24	800m: 9:16.60	1:12.03	1200m: 14:01.41	1:11.05		
3.	Wouter Zijlstra	HZ&PC Heerenveen	17:06.83	200401545	<b>17:51.23</b>			
	100m: 1:09.28	1:09.28	500m: 6:05.20	1:12.57	900m: 10:51.91	1:10.78	1300m: 15:33.13	1:09.95
	200m: 2:24.98	1:15.70	600m: 7:17.48	1:12.28	1000m: 12:02.56	1:10.65	1400m: 16:43.76	1:10.63
	300m: 3:39.53	1:14.55	700m: 8:29.96	1:12.48	1100m: 13:12.41	1:09.85	1500m: 17:51.23	1:07.47
	400m: 4:52.63	1:13.10	800m: 9:41.13	1:11.17	1200m: 14:23.18	1:10.77		
4.	Maximilian Lopes Cardozo	Wzk	17:35.75	200300665	<b>18:13.63</b>			
	100m: 1:08.05	1:08.05	500m: 5:56.00	1:12.56	900m: 10:47.23	1:14.33	1300m: 15:47.27	1:16.28
	200m: 2:20.52	1:12.47	600m: 7:07.83	6:12.23	1000m: 12:02.25	1:15.02	1400m: 17:02.27	1:15.00
	300m: 3:32.68	1:12.16	700m: 8:19.96	1:12.13	1100m: 13:17.22	1:14.97	1500m: 18:13.63	1:11.36
	400m: 4:40.05	1:07.37	800m: 9:32.90	1:12.94	1200m: 14:30.99	1:13.77		
5.	Meindert Dekkinga	HZ&PC Heerenveen	17:44.86	200400377	<b>18:21.85</b>			
	100m: 1:06.92	1:06.92	500m: 5:55.81	1:12.56	900m: 10:53.10	1:14.93	1300m: 15:33.38	1:15.46
	200m: 2:18.52	1:11.60	600m: 7:09.60	1:13.79	1000m: 12:07.35	1:14.25	1400m: 17:08.31	1:14.93
	300m: 3:30.20	1:11.68	700m: 8:22.92	1:13.32	1100m: 13:21.60	1:14.25	1500m: 18:21.85	1:13.54
	400m: 4:43.25	1:13.05	800m: 9:38.17	1:15.25	1200m: 14:37.92	1:16.32		

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 30, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT			
6.	Daan Sonneveld	Wvz	20:33.73	200601085	<b>18:22.94</b>			
	100m: 1:08.42	1:08.42	500m: 6:06.18	1:15.83	900m: 11:05.45	1:14.23	1300m: 15:59.35	1:13.31
	200m: 2:22.26	1:13.84	600m: 7:21.01	1:14.83	1000m: 12:19.62	1:14.17	1400m: 17:13.15	1:13.80
	300m: 3:36.25	1:13.99	700m: 8:36.29	1:15.28	1100m: 13:32.74	1:13.12	1500m: 18:22.94	1:09.79
	400m: 4:50.35	1:14.10	800m: 9:51.22	1:14.93	1200m: 14:46.04	1:13.30		
7.	Pieter Wisse	Psv	18:38.42	200400779	<b>18:26.03</b>			
	100m: 1:09.17	1:09.17	500m: 6:08.92	1:13.44	900m: 11:06.74	1:14.73	1300m: 16:04.16	1:11.24
	200m: 2:24.91	1:15.74	600m: 7:24.01	1:15.09	1000m: 12:21.43	1:14.69	1400m: 17:16.64	1:12.48
	300m: 3:40.21	1:15.30	700m: 8:37.55	1:13.54	1100m: 13:37.41	1:15.98	1500m: 18:26.03	1:09.39
	400m: 4:55.48	1:15.27	800m: 9:52.01	1:14.46	1200m: 14:52.92	1:15.51		
8.	Sem Bonte	Z & PC De Zeeuwse Kust 1	19:03.63	200400427	<b>18:46.73</b>			
	100m: 1:07.77	1:07.77	500m: 6:07.17	1:15.59	900m: 11:10.52	1:15.95	1300m: 16:17.88	1:17.22
	200m: 2:21.65	1:13.88	600m: 7:23.06	1:15.89	1000m: 12:26.72	1:16.20	1400m: 17:34.14	1:16.26
	300m: 3:36.26	1:14.61	700m: 8:38.18	1:15.12	1100m: 13:43.19	1:16.47	1500m: 18:46.73	1:12.59
	400m: 4:51.58	1:15.32	800m: 9:54.57	1:16.39	1200m: 15:00.66	1:17.47		
9.	Damian Waas	De Warande	NT	200402285	<b>19:03.40</b>			
	100m: 1:08.82	1:08.82	500m: 6:12.52	1:17.40	900m: 11:21.78	1:18.00	1300m: 16:34.43	1:18.43
	200m: 2:23.69	1:14.87	600m: 7:29.85	1:17.33	1000m: 12:39.18	1:17.40	1400m: 17:51.00	1:16.57
	300m: 3:39.24	1:15.55	700m: 8:46.25	1:16.40	1100m: 13:58.28	1:19.10	1500m: 19:03.40	1:12.40
	400m: 4:55.12	1:15.88	800m: 10:03.78	1:17.53	1200m: 15:16.00	1:17.72		
10.	Justin Steenkamp	Psv	21:05.74	200404133	<b>19:06.02</b>			
	100m: 1:10.14	1:10.14	500m: 6:21.90	1:18.09	900m: 11:29.73	1:18.49	1300m: 16:40.00	1:16.19
	200m: 2:28.14	1:18.00	600m: 7:38.61	1:16.71	1000m: 12:48.67	1:18.94	1400m: 17:56.34	1:16.34
	300m: 3:45.50	1:17.36	700m: 8:53.74	1:15.13	1100m: 14:05.94	1:17.27	1500m: 19:06.02	1:09.68
	400m: 5:03.81	1:18.31	800m: 10:11.24	1:17.50	1200m: 15:23.81	1:17.87		
11.	Lasse Schrieken	Vzc	21:49.20	200503145	<b>19:06.77</b>			
	100m: 1:11.69	1:11.69	500m: 6:23.06	1:18.90	900m: 11:31.12	1:17.19	1300m: 16:39.91	1:16.14
	200m: 2:29.33	1:17.64	600m: 7:39.98	1:16.92	1000m: 12:48.91	1:17.79	1400m: 17:55.91	1:16.00
	300m: 3:46.62	1:17.29	700m: 8:56.81	1:16.83	1100m: 14:05.77	1:16.86	1500m: 19:06.77	1:10.86
	400m: 5:04.16	1:17.54	800m: 10:13.93	1:17.12	1200m: 15:23.77	1:18.00		
12.	Kjell Reumkens	Hellas-Glana	19:02.85	200401385	<b>19:18.93</b>			
	100m: 1:08.00	1:08.00	500m: 6:07.87	1:16.42	900m: 11:24.55	1:20.21	1300m: 16:42.05	1:20.47
	200m: 2:21.86	1:13.86	600m: 7:25.58	1:17.71	1000m: 12:43.40	1:18.85	1400m: 18:01.51	1:19.46
	300m: 2:36.93	15.07	700m: 8:44.80	1:19.22	1100m: 14:02.10	1:18.70	1500m: 19:18.93	1:17.42
	400m: 4:51.45	2:14.52	800m: 10:04.34	1:19.54	1200m: 15:21.58	1:19.48		
13.	Wesley van Elst	Vzc	19:59.34	200500507	<b>19:21.62</b>			
	100m: 1:10.80	1:10.80	500m: 6:21.85	1:19.42	900m: 11:33.95	1:16.98	1300m: 16:47.07	1:17.73
	200m: 2:27.77	1:16.97	600m: 7:40.77	1:18.92	1000m: 12:51.98	1:18.03	1400m: 18:05.21	1:18.14
	300m: 3:44.94	1:17.17	700m: 8:59.41	1:18.64	1100m: 14:10.93	1:18.95	1500m: 19:21.62	1:16.41
	400m: 5:02.43	1:17.49	800m: 10:16.97	1:17.56	1200m: 15:29.34	1:18.41		
14.	Lars Servaas	Psv	20:32.51	200600377	<b>19:26.43</b>			
	100m: 1:12.85	1:12.85	500m: 6:27.36	1:19.04	900m: 11:44.54	1:19.36	1300m: 16:54.93	1:16.78
	200m: 2:31.08	1:18.23	600m: 7:47.36	1:20.00	1000m: 13:02.84	1:18.30	1400m: 18:11.38	1:16.45
	300m: 3:49.43	1:18.35	700m: 9:06.68	1:19.32	1100m: 14:20.61	1:17.77	1500m: 19:26.43	1:15.05
	400m: 5:08.32	1:18.89	800m: 10:25.18	1:18.50	1200m: 15:38.15	1:17.54		
15.	Daniel Simons	Psv	20:59.85	200602017	<b>19:35.28</b>			
	100m: 1:14.81	1:14.81	500m: 6:31.39	1:19.15	900m: 11:46.09	1:18.64	1300m: 17:00.73	1:19.62
	200m: 2:34.20	1:19.39	600m: 7:50.15	1:18.76	1000m: 13:04.29	1:18.20	1400m: 18:11.33	1:17.60
	300m: 3:53.27	1:19.07	700m: 9:08.80	1:18.65	1100m: 14:22.39	1:18.10	1500m: 19:35.28	1:16.95
	400m: 5:12.24	1:18.97	800m: 10:27.45	1:18.65	1200m: 15:41.11	1:18.72		
16.	Sander van Elburg	De Warande	18:56.29	198800937	<b>19:56.82</b>			
	100m: 1:11.76	1:11.76	500m: 6:29.44	1:21.38	900m: 11:52.70	1:21.13	1300m: 17:15.74	1:20.89
	200m: 2:29.34	1:17.58	600m: 7:49.90	1:20.46	1000m: 13:13.37	1:20.67	1400m: 18:36.97	1:21.23
	300m: 3:49.32	1:19.98	700m: 9:10.85	1:20.95	1100m: 14:34.17	1:20.80	1500m: 19:56.82	1:19.85
	400m: 5:08.06	1:18.74	800m: 10:31.57	1:20.72	1200m: 15:54.85	1:20.68		
17.	Jurre Veldhuijsen	Hellas-Glana	20:28.14	200400603	<b>20:04.08</b>			
	100m: 1:11.20	1:11.20	500m: 6:32.67	1:21.07	900m: 12:01.18	1:21.69	1300m: 17:28.43	1:21.36
	200m: 2:30.53	1:19.33	600m: 7:54.61	1:21.94	1000m: 13:23.69	1:22.51	1400m: 18:49.21	1:20.78
	300m: 3:51.03	1:20.50	700m: 9:17.24	1:22.63	1100m: 14:45.33	1:21.64	1500m: 20:04.08	1:14.87
	400m: 5:11.60	1:20.57	800m: 10:39.49	1:22.25	1200m: 16:07.07	1:21.74		
18.	Lucas van Rooij	Psv	19:10.34	200603943	<b>20:09.53</b>			
	100m: 1:12.23	1:12.23	500m: 6:37.39	1:21.43	900m: 12:03.33	1:21.03	1300m: 17:30.74	1:21.50
	200m: 2:32.32	1:20.09	600m: 7:59.27	1:21.88	1000m: 13:25.42	1:22.09	1400m: 18:51.57	1:20.83
	300m: 3:53.73	1:21.41	700m: 1:30.77	1:22.47	1100m: 14:47.75	1:22.33	1500m: 20:09.53	1:17.96
	400m: 5:15.96	1:22.23	800m: 10:42.30	9:11.53	1200m: 16:09.24	1:21.49		
19.	Yulian Oppenhuizen	ZVDO'74	19:00.00	200000165	<b>20:12.65</b>			
	100m: 1:07.94	1:07.94	500m: 6:25.77	1:21.58	900m: 11:57.55	1:23.27	1300m: 17:29.63	1:22.49
	200m: 2:24.43	1:16.49	600m: 7:48.10	1:22.33	1000m: 13:20.92	1:23.37	1400m: 18:51.26	1:21.63
	300m: 3:43.51	1:19.08	700m: 9:11.06	1:22.96	1100m: 14:44.63	1:23.71	1500m: 20:12.65	1:21.39
	400m: 5:04.19	1:20.68	800m: 10:34.28	1:23.22	1200m: 16:07.14	1:22.51		
20.	Joe van den Hooff	Psv	21:18.39	200600559	<b>20:13.87</b>			
	100m: 1:11.81	1:11.81	500m: 6:36.69	1:22.51	900m: 12:04.68	1:21.64	1300m: 17:34.62	1:22.87
	200m: 2:31.79	1:19.98	600m: 7:58.51	1:21.82	1000m: 13:27.15	1:22.47	1400m: 18:55.76	1:21.14
	300m: 3:52.00	1:20.21	700m: 9:20.98	1:22.47	1100m: 14:49.07	1:21.92	1500m: 20:13.87	1:18.11
	400m: 5:14.18	1:22.18	800m: 10:43.04	1:22.06	1200m: 16:11.75	1:22.68		

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 30, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT			
21.	Niek Issard	Vzc	19:58.09	200700037	<b>20:16.10</b>			
	100m: 1:15.34	1:15.34	500m: 6:41.14	1:21.17	900m: 12:07.85	1:22.08	1300m: 17:37.10	1:21.41
	200m: 2:36.81	1:21.47	600m: 8:02.87	1:21.73	1000m: 13:30.70	1:22.85	1400m: 18:58.56	1:21.46
	300m: 3:58.26	1:21.45	700m: 9:24.53	1:21.66	1100m: 14:52.73	1:22.03	1500m: 20:16.10	1:17.54
	400m: 5:19.97	1:21.71	800m: 10:45.77	1:21.24	1200m: 16:15.69	1:22.96		
22.	Sjoerd van der Wilt	Vzc	24:37.43	200501447	<b>20:29.31</b>			
	100m: 1:18.55	1:18.55	500m: 6:58.77	1:25.10	900m: 12:33.06	1:22.46	1300m: 17:57.15	1:20.17
	200m: 2:43.63	1:25.08	600m: 8:23.77	1:25.00	1000m: 13:55.15	1:22.09	1400m: 19:17.97	1:20.82
	300m: 4:08.96	1:25.33	700m: 9:47.52	1:23.75	1100m: 15:15.73	1:20.58	1500m: 20:29.31	1:11.34
	400m: 5:33.67	1:24.71	800m: 11:10.60	1:23.08	1200m: 16:36.98	1:21.25		
23.	Johannes van Hemert	Psv	NT	200602955	<b>21:14.85</b>			
	100m: 1:16.05	1:16.05	500m: 6:56.68	1:25.70	900m: 12:39.66	1:25.59	1300m: 18:26.07	1:27.83
	200m: 2:40.42	1:24.37	600m: 8:22.20	1:25.52	1000m: 14:05.28	1:25.62	1400m: 19:51.63	1:25.56
	300m: 4:06.61	1:26.19	700m: 9:48.65	1:26.45	1100m: 15:30.43	1:25.15	1500m: 21:14.85	1:23.22
	400m: 5:30.98	1:24.37	800m: 11:14.07	1:25.42	1200m: 16:58.24	1:27.81		
24.	Milco Matla	Psv	23:05.01	200600555	<b>21:20.33</b>			
	100m: 1:16.46	1:16.46	500m: 6:59.02	1:26.60	900m: 12:47.87	1:26.86	1300m: 18:33.21	1:26.27
	200m: 2:40.83	1:24.37	600m: 8:26.73	1:27.71	1000m: 14:13.42	1:25.55	1400m: 19:58.86	1:25.65
	300m: 4:06.56	1:25.73	700m: 9:53.59	1:26.86	1100m: 15:40.35	1:26.93	1500m: 21:20.33	1:21.47
	400m: 5:32.42	1:25.86	800m: 11:21.01	1:27.42	1200m: 17:06.94	1:26.59		
25.	Tim van Rooij	Psv	NT	200700129	<b>21:27.49</b>			
	100m: 1:18.97	1:18.97	500m: 7:04.15	1:25.86	900m: 12:54.81	1:28.12	1300m: 18:41.20	1:27.57
	200m: 2:45.76	1:26.79	600m: 8:31.14	1:26.99	1000m: 14:20.21	1:25.40	1400m: 20:06.13	1:24.93
	300m: 4:11.91	1:26.15	700m: 9:58.39	1:27.25	1100m: 15:45.64	1:25.43	1500m: 21:27.49	1:21.36
	400m: 5:38.29	1:26.38	800m: 11:26.69	1:28.30	1200m: 17:13.63	1:27.99		
26.	Tomas Brilleman	De Warande	NT	200801071	<b>24:17.88</b>			
	100m: 1:29.26	1:29.26	500m: 8:03.19	1:39.01	900m: 14:40.14	1:39.99	1300m: 21:14.61	1:38.00
	200m: 3:07.00	1:37.74	600m: 9:41.03	1:37.84	1000m: 16:18.97	1:38.83	1400m: 22:51.37	1:36.76
	300m: 4:45.73	1:38.73	700m: 11:21.60	1:40.57	1100m: 17:57.98	1:39.01	1500m: 24:17.88	1:26.51
	400m: 6:24.18	1:38.45	800m: 13:00.15	1:38.55	1200m: 19:36.61	1:38.63		
27.	Julius Schwartzberg	Dbd	23:00.00	198602791	<b>24:30.38</b>			
	100m: 1:22.51	1:22.51	500m: 8:02.38	1:41.22	900m: 14:48.97	1:40.15	1300m: 21:23.66	1:37.01
	200m: 3:00.54	1:38.03	600m: 9:44.55	1:42.17	1000m: 16:29.78	1:40.81	1400m: 23:01.00	1:37.34
	300m: 4:40.20	1:39.66	700m: 11:27.35	1:42.80	1100m: 18:08.76	1:38.98	1500m: 24:30.38	1:29.38
	400m: 6:21.16	1:40.96	800m: 13:08.82	1:41.47	1200m: 19:46.65	1:37.89		
28.	Marc Bunkers	Dbd	23:30.00	199207129	<b>26:46.38</b>			
	100m: 1:23.19	1:23.19	500m: 8:19.83	1:46.76	900m: 15:43.75	1:53.58	1300m: 23:10.32	1:50.46
	200m: 3:01.61	1:38.42	600m: 10:08.96	1:49.13	1000m: 17:35.77	1:52.02	1400m: 24:59.46	1:49.14
	300m: 4:45.05	1:43.44	700m: 11:59.97	1:51.01	1100m: 19:28.98	1:53.21	1500m: 26:46.38	1:46.92
	400m: 6:33.07	1:48.02	800m: 13:50.17	1:50.20	1200m: 21:19.86	1:50.88		
AFGEM	Kylian Oosterveen	Z & PC De Zeeuwse Kust 1	19:32.14	200600651				

Programmanr. 31  
16-2-2020

Dames, 1500m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Manon van Esch	Psv	18:22.87	199702090	<b>18:22.25</b>			
	100m: 1:07.28	1:07.28	500m: 5:59.72	1:13.22	900m: 10:56.38	1:14.80	1300m: 15:55.11	1:14.61
	200m: 2:20.18	1:12.90	600m: 7:13.72	1:14.00	1000m: 12:11.00	1:14.62	1400m: 17:09.26	1:14.15
	300m: 3:33.58	1:13.40	700m: 8:27.03	1:13.31	1100m: 13:25.47	1:14.47	1500m: 18:22.25	1:12.99
	400m: 4:46.50	1:12.92	800m: 9:41.58	1:14.55	1200m: 14:40.50	1:15.03		
2.	Sterre van de Goor	Psv	18:22.26	200102168	<b>18:33.99</b>			
	100m: 1:09.42	1:09.42	500m: 6:06.15	1:14.99	900m: 11:04.88	1:14.75	1300m: 16:05.79	1:14.91
	200m: 2:22.98	1:13.56	600m: 7:20.80	1:14.65	1000m: 12:19.95	1:15.07	1400m: 17:20.77	1:14.98
	300m: 3:36.90	1:13.92	700m: 8:35.47	1:14.67	1100m: 13:35.54	1:15.59	1500m: 18:33.99	1:13.22
	400m: 4:51.16	1:14.26	800m: 9:50.13	1:14.66	1200m: 14:50.88	1:15.34		
3.	Jelsie van Ruijven	Wvz	20:09.15	200500282	<b>19:14.01</b>			
	100m: 1:12.57	1:12.57	500m: 6:26.57	1:18.33	900m: 11:38.85	1:17.89	1300m: 16:46.10	1:15.86
	200m: 2:31.45	1:18.88	600m: 7:44.46	1:17.89	1000m: 12:56.32	1:17.47	1400m: 18:01.26	1:15.16
	300m: 3:50.20	1:18.75	700m: 9:02.61	1:18.15	1100m: 14:13.44	1:17.12	1500m: 19:14.01	1:12.75
	400m: 5:08.24	1:18.04	800m: 10:20.96	1:18.35	1200m: 15:30.24	1:16.80		
4.	Roos Englebert	Hieronymus	19:21.93	200200606	<b>19:49.28</b>			
	100m: 1:09.47	1:09.47	500m: 6:10.90	1:15.62	900m: 11:15.27	1:16.21	1300m: 16:19.73	1:15.66
	200m: 2:24.00	1:14.53	600m: 7:27.06	1:16.16	1000m: 12:31.66	1:16.39	1400m: 17:35.80	1:16.07
	300m: 3:39.83	1:15.83	700m: 8:42.93	1:15.87	1100m: 13:48.26	1:16.60	1500m: 19:49.28	2:13.48
	400m: 4:55.28	1:15.45	800m: 9:59.06	1:16.13	1200m: 15:04.07	1:15.81		
5.	Félinn van Lienden	Hieronymus	20:12.67	200602038	<b>20:13.95</b>			
	100m: 1:15.07	1:15.07	500m: 6:38.16	1:21.21	900m: 12:05.34	1:22.98	1300m: 17:34.30	1:21.49
	200m: 2:35.36	1:20.29	600m: 7:59.57	1:21.41	1000m: 13:28.34	1:23.00	1400m: 18:55.40	1:21.10
	300m: 3:56.08	1:20.72	700m: 9:20.76	1:21.19	1100m: 14:51.01	1:22.67	1500m: 20:13.95	1:18.55
	400m: 5:16.95	1:20.87	800m: 10:42.36	1:21.60	1200m: 16:12.81	1:21.80		

Limietwedstrijd 2  
Oosterhout, 16-2-2020

Programmanr. 31, Dames, 1500m vrije slag, Senioren Open

rang	naam	vereniging				intijd				tijd				RT
6.	Yara Mels	Psv				NT 200700232				<b>20:15.71</b>				
	100m:	1:13.72	1:13.72	500m:	6:37.86	1:22.14	900m:	12:06.73	1:22.38	1300m:	17:36.04	1:22.10		
	200m:	2:33.73	1:20.01	600m:	8:00.05	1:22.19	1000m:	13:29.40	1:22.67	1400m:	18:58.55	1:22.51		
	300m:	3:54.39	1:20.66	700m:	9:21.97	1:21.92	1100m:	14:52.00	1:22.60	1500m:	20:15.71	1:17.16		
	400m:	5:15.72	1:21.33	800m:	10:44.35	1:22.38	1200m:	16:13.94	1:21.94					
7.	Amy van Lier	De Warande				20:14.04 199603022				<b>20:18.62</b>				
	100m:	1:13.08	1:13.08	500m:	6:34.95	1:21.66	900m:	12:00.48	1:22.01	1300m:	17:34.05	1:23.63		
	200m:	2:31.35	1:18.27	600m:	7:56.81	1:21.86	1000m:	13:23.51	1:23.03	1400m:	18:56.46	1:22.41		
	300m:	3:52.34	1:20.99	700m:	9:17.87	1:21.06	1100m:	14:46.62	1:23.11	1500m:	20:18.62	1:22.16		
	400m:	5:13.29	1:20.95	800m:	10:38.47	1:20.60	1200m:	16:10.42	1:23.80					
8.	Feija de Bruin	Wvz				20:07.83 200400106				<b>20:39.42</b>				
	100m:	1:14.92	1:14.92	500m:	6:43.57	1:22.76	900m:	12:17.07	1:24.15	1300m:	17:54.57	1:24.54		
	200m:	2:36.28	1:21.36	600m:	8:05.99	1:22.42	1000m:	13:41.49	1:24.42	1400m:	19:17.99	1:23.42		
	300m:	3:58.21	1:21.93	700m:	9:29.39	1:23.40	1100m:	15:05.57	1:24.08	1500m:	20:39.42	1:21.43		
	400m:	5:20.81	1:22.60	800m:	10:52.92	1:23.53	1200m:	16:30.03	1:24.46					
9.	Melanie Marinus-Cruz	Wvz				21:47.16 200404702				<b>20:55.26</b>				
	100m:	1:14.06	1:14.06	500m:	6:49.51	1:23.89	900m:	12:31.54	1:25.36	1300m:	18:11.52	1:25.88		
	200m:	2:36.99	1:22.93	600m:	8:14.38	1:24.87	1000m:	13:54.91	1:23.37	1400m:	19:37.92	1:26.40		
	300m:	4:00.53	1:23.54	700m:	9:39.61	1:25.23	1100m:	15:20.63	1:25.72	1500m:	20:55.26	1:17.34		
	400m:	5:25.62	1:25.09	800m:	11:06.18	1:26.57	1200m:	16:45.64	1:25.01					
10.	Livia Groenewegen	Psv				NT 200700244				<b>21:15.76</b>				
	100m:	1:16.68	1:16.68	500m:	6:58.80	1:25.39	900m:	12:43.63	1:25.30	1300m:	18:26.44	1:24.89		
	200m:	2:42.33	1:25.65	600m:	8:24.77	1:25.97	1000m:	14:08.83	1:25.20	1400m:	19:51.82	1:25.38		
	300m:	4:08.31	1:25.98	700m:	9:51.76	1:26.99	1100m:	15:35.36	1:26.53	1500m:	21:15.76	1:23.94		
	400m:	5:33.41	1:25.10	800m:	11:18.33	1:26.57	1200m:	17:01.55	1:26.19					
11.	Elske van der Ven	Psv				NT 200800904				<b>21:45.62</b>				
	100m:	1:20.70	1:20.70	500m:	7:10.86	1:27.58	900m:	13:02.16	1:28.07	1300m:	18:56.74	1:27.23		
	200m:	2:47.47	1:26.77	600m:	8:37.67	1:26.81	1000m:	14:31.56	1:29.40	1400m:	20:23.29	1:26.55		
	300m:	4:14.75	1:27.28	700m:	10:06.13	1:28.46	1100m:	16:00.96	1:29.40	1500m:	21:45.62	1:22.33		
	400m:	5:43.28	1:28.53	800m:	11:34.09	1:27.96	1200m:	17:29.51	1:28.55					
12.	Mirthe Vlegels	Hieronymus				21:16.71 200503486				<b>21:48.05</b>				
	100m:	1:17.41	1:17.41	500m:	7:04.87	1:27.65	900m:	12:58.67	1:29.13	1300m:	18:55.60	1:29.52		
	200m:	2:43.20	1:25.79	600m:	8:32.65	1:27.78	1000m:	14:28.17	1:29.50	1400m:	20:23.53	1:27.93		
	300m:	4:09.60	1:26.40	700m:	10:00.59	1:27.94	1100m:	15:57.43	1:29.26	1500m:	21:48.05	1:24.52		
	400m:	5:37.22	1:27.62	800m:	11:29.54	1:28.95	1200m:	17:26.08	1:28.65					
13.	Ingrid Versteegen	Dbd				22:57.24 197300770				<b>24:56.04</b>				
	100m:	1:32.82	1:32.82	500m:	8:16.30	1:39.93	900m:	14:57.38	1:41.06	1300m:	21:14.53	1:13.46		
	200m:	3:13.18	1:40.36	600m:	9:57.41	1:41.11	1000m:	16:37.92	1:40.54	1400m:	23:20.72	2:06.19		
	300m:	4:55.74	1:42.56	700m:	11:38.11	1:40.70	1100m:	18:19.66	1:41.74	1500m:	24:56.04	1:35.32		
	400m:	6:36.37	1:40.63	800m:	13:16.32	1:38.21	1200m:	20:01.07	1:41.41					